

# SUBJECT- ENGLISH CLASS -III

CLASS -III						
MONT H	TOPIC	ACTIVITY	LEARNING OUTCOMES/SKILL			
11			DEVELOPMENT			
April	My new canvas-  ➤ Chapter 1 The  whispering Palms  ➤ Chapter 2 If mice  could roar  Cornerstone  ➤ Chapter 1  Alphabetical order  ➤ Unseen Passage  ➤ Self Introduction  ➤ Vocabulary	<ul> <li>Students will make and describe their fantasy world</li> <li>Mic-on reading challenges</li> <li>Spot the vocabulary</li> </ul>	<ul> <li>To acquire the skills of listening, speaking, and reading in an integrated manner</li> <li>To understand and comprehend the written text</li> <li>To be able learn to how arrange the letters in alphabetical order</li> <li>To understand the structure of sentence and frame the sentence</li> </ul>			
June	My new canvas-  ➤ Chapter 3 Who did Patrick's homework?  Cornerstone  ➤ Chapter 2 The sentence  ➤ Chapter 3 Negative Sentences  ➤ Unseen Passage  ➤ Vocabulary	<ul> <li>Mic-on reading activity</li> <li>Spot the vocabulary</li> <li>Sentence scramble</li> <li>Story chain</li> </ul>	<ul> <li>To understand and comprehend the written text</li> <li>To inculcate speaking and reading skills</li> <li>To learn to frame negative sentences</li> </ul>			
July	My new canvas-  Chapter 4 Round about  Chapter 5 My Robot Robbi  Cornerstone-  Chapter 4 Nouns  Chapter 5 Singular and Plural  Chapter 6 Masculine and feminine nouns  Unseen Passage  Informal Letter Writing	<ul> <li>Keyword bingo</li> <li>Spot the vocabulary</li> <li>Draw a robot and name it</li> <li>Noun scavenger hunt</li> <li>Noun art gallery</li> </ul>	<ul> <li>To acquire the skills of listening, speaking, and reading in an integrated manner</li> <li>To understand and comprehend the written text</li> <li>To learn the usage of nouns in written as well as spoken English</li> <li>To be able to describe the concept of singular and plural</li> </ul>			



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August	My new canvas-		Draw a journey		To develop the reading skills
	Chapter 6 A trip to	_	picture to the space		To understand and
	Mars		Speak and act-magic	_	comprehend the written text
	Chapter 7 Magic		vessels		To be able to learn the
	Vessels			_	concept of pronoun
	Cornerstone-				To learn the usage of a, an
	Chapter 7 Nouns:				and the
	Possession				
	Chapter 8 Personal				
	Pronouns				
	Chapter 9 Articles				
	Unseen Passage				
a .	> Vocabulary		D 4 14		X1 ('C 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Septem	My new canvas-		Prepare the poem with		Identify and explain literary
ber	Chapter 8 Laughing	1	rhythmic music		texts' relevance to social
	Song Charten O When		Describe the holy	1	skills
	Chapter 9 When		celebration at your		Develop sophisticated
	rusty played Holi	_	home		reading, writing, and oral
	Charten 10 Vinds of		Adjective fashion	1	communication skills
	Chapter 10 Kinds of		show		To be able to learn how to use
	Adjectives Chapter 11				adjectives and verbs in
	Chapter 11				sentence
	Comparison of				
	adjectives Chapter 12 Verbs				
	<ul><li>Chapter 12 Verbs</li><li>Unseen Passage</li></ul>				
	<ul><li>Unseen Passage</li><li>Vocabulary</li></ul>				
October		<i>D</i>	Watch party of	>	To understand and
Octobel	My new canvas- ➤ Chapter 10 Mother		Watch party of Mowgli story		comprehend the written text
	Wolf saves Mowgli	>	Verb pictography	>	To develop sophisticated
	Chapter 11 The		vero pictography		reading, writing, and oral
	lazy Frog				communication skills
	Cornerstone			>	To learn to use the correct
	Chapter 13 & 14				form of verbs in the sentence
	Verbs				Total of voice in the sentence
	Chapter 15 Verbs				
	show time				
	<ul><li>Unseen Passage</li></ul>				
	<ul><li>Vocabulary</li></ul>				
	Jan San San San San San San San San San S				



November	My new canvas-  ➤ Chapter 12 Save the big cat!  ➤ Chapter 13 Face to Face  Cornerstone-  ➤ Chapter 16 Prefix and Suffixes  ➤ Chapter 17 Present participles  ➤ Chapter 18 Short form  ➤ Unseen Passage	<ul> <li>Class campaign and slogan writing on save big cats</li> <li>Prefix and suffix anchor chart</li> </ul>	<ul> <li>To understand and comprehend the written text</li> <li>To develop sophisticated reading, writing, and oral communication skills</li> <li>To able to distinguish between simple past and simple present</li> </ul>
Decem	<ul> <li>Formal Letter         Writing</li> <li>Vocabulary</li> <li>My new canvas-</li> </ul>	➤ Adverb crafts	> To express orally their
ber	<ul> <li>Chapter 14 The         World's Best dress</li> <li>Cornerstone-</li> <li>Chapter 19 Adverbs</li> <li>Chapter 20 Adverb &amp;         adjectives</li> <li>Unseen Passage</li> <li>Vocabulary</li> </ul>	Advers crarts	opinion on the understanding of the Chapter  To able to connect ideas through reading the context and with personal experiences  To able to use the concept of adverb and adjective while framing the sentences
January	My new canvas-  ➤ Chapter 15 The return of the Olympics Games  ➤ Cornerstone-  ➤ Chapter 21 Prepositions  ➤ Chapter 22 Conjunctions  ➤ Unseen Passage	<ul> <li>The classroom ghost-preposition of place</li> <li>Wheel of conjunction</li> </ul>	<ul> <li>To able to think, express views in specific situations</li> <li>To able to connect ideas through reading the context and with personal experiences</li> <li>To learn the use the concept of preposition and conjunctions</li> </ul>
Februar y	Cornerstone-  ➤ Chapter 23  Punctuation  ➤ Chapter 24  Interjections  ➤ Unseen Passage  ➤ Vocabulary	➤ Punctuation paddles	<ul> <li>To able to use suitable interjections when talking about their real-life experiences</li> <li>To learn the usage of punctuation marks in writing such as question mark, full stop and capital letters</li> </ul>



## **SUBJECT- HINDI**

MONTH	TODIC	A ativity	
MONTH	TOPIC	Activity	LEARNING OUTCOMES/SKILL DEVELOPMENT
April	<ul> <li>पाठ - 1 : सीखो (कविता)</li> <li>पाठ - 2 : चींटी (कविता)</li> <li>भाषा और व्याकरण</li> <li>वर्णमाला और मात्राएं</li> </ul>	<ul> <li>कविता वचन और भावार्थ बोध कराना</li> <li>वर्णमाला और मात्राओं के अभ्यास के लिए बारह खड़ी का लेखन और उच्चारण</li> </ul>	<ul> <li>प्राकृतिक तत्वों की नैसर्गिक क्रियाओं के माध्यम से छात्रों के अंदरअनेकानेक सद्गुणों को सीखने की लालसा जागृत करना</li> <li>चींटी तथा अन्य जीव जंतु जो अपने कार्य को लगन से करते हैं, उन्हें देखकर श्रम के महत्व को समझना</li> <li>हिंदी भाषा तथा इसके दोनों रूपों - लिखित व मौखिक की सामान्य जानकारी प्राप्त करना</li> <li>छात्रों के अंदर वर्णमाला की सही पहचान शुद्ध उच्चारण और उन पर आरोहित मात्राओं का सही ज्ञान और शुद्ध उच्चारण करने की सीख विकसित करना</li> </ul>
June	<ul> <li>पाठ - 3 :</li> <li>कितने पैर</li> <li>लिंग (स्त्नीलिंग–</li> <li>पुलिंग का बोध)</li> </ul>	<ul> <li>कुछ अनेक पैरों वाले कीड़ों का चित्र बनवाना</li> <li>स्त्रीलिंग और पुलिंग शब्दों का वर्क शीट पर अभ्यास कार्य</li> </ul>	<ul> <li>छात्रों के अंदर प्रकृति में विद्यमानअधिकाधिक प्राणियों के एक स्थान से दूसरे स्थान पर जाने के लिए प्रयुक्त होने वाले शरीर के अंगों के साथ ही उनकी रहस्यमई दुनिया से एक सामान्य परिचय करना </li> <li>स्त्रीलिंग और पुल्लिंग शब्दों के भेद के साथ व्याकरणयुक्त शुद्ध लेखन व उच्चारण का ज्ञान करना है</li> </ul>
July	<ul> <li>पाठ - 4 : बया हमारी चिड़िया रानी</li> <li>पाठ - 5 : आम का पेड़</li> <li>पाठ - 6 : बीरबल की खिचड़ी</li> <li>अपठित गद्यांश</li> <li>संज्ञा</li> </ul>	<ul> <li>पिक्षियों के घोंसलों के बनाने के तरीके को स्मार्टबोर्ड पर वीडियो दिखाना</li> <li>बीरबल की खिचड़ी पाठ का नाटक कराना</li> <li>संज्ञा के लिए संज्ञा वृक्ष बनवाना जिसमें उदाहरण और प्रकार दर्शाए गए हों</li> </ul>	<ul> <li>कविता के माध्यम से छात्रों के अंदर पिरश्रम के महत्व और पिक्षयों की अनूठी दुनिया के बारे में ज्ञान करना</li> <li>फल देने वाले पेड़ों के महत्व और उगाने में लगा समय तथा मनुष्य के जीवन में उनकी उपादेयता के बारे में छात्रों को एक सामान्य जानकारी प्राप्त होगी और आम के साथ ही विभिन्न प्रकार के और फलों के बारे में जान सकेंगे</li> <li>इस कहानी के माध्यम से बच्चे यह सीख सकेंगे कि हाजिर जवाबी और बुद्धिमानी से बड़ी से बड़ी समस्या का भी हल</li> </ul>



			निकाला जा सके सकता है तथा समाज के
			पिछड़े लोगों के प्रति हमें सहानुभूति का
			भाव रखना चाहिए
			🕨 अप्ठित गद्यांश को पढ़ना और उसके
			प्रश्नों का सही-सही उत्तर देना, सीखने की
			प्रक्रिया में एक सामान्य विकास संभव हो
			सकेगा
			<ul> <li>संज्ञा तथा इसके भेदों की सामान्य</li> </ul>
			जानकारी प्राप्त कर बच्चे लेखन में और
August	<u> </u>	्र साम कार्यों को एक	उच्चारण में शुद्धता ला सकेंगे छात्रों को अनौपचारिक पत्र लिखने की
August	पाठ - ७ : मित्र को पत्र	सभी छात्रों को एक दूसरे को पत्र लिखने	प्रक्रिया की सामान्य जानकारी मिलेगी
	> पाठ - 8 : चतुर	का अभ्यास कराना	तथा पूर्वीत्तर भारत की संस्कृतियों के बारे
	गीदड़	<ul><li>किसी त्यौहार पर 10</li></ul>	में भी छात्रों को आरंभिक ज्ञान प्राप्त होगा
	> पाठ - 9 :	लाइन लिखने का	<ul> <li>गीदड़ की चतुराई से छात्रों को यह सीख</li> </ul>
	प्रकृति पर्व –	अभ्यास	मिलेगी कि कठिन और विपरीत समय में
	फूलदेई	> वचन के लिए वर्कशीट	भी हमें धैर्य और बुद्धिमानी से काम लेना
	> सर्वनाम	पर अभ्यास कराना	चाहिए
	> वचन	🕨 कुछ् जानवरों के	🕨 उत्तराखंड में मनाया जाने वाला विशेष
		मुखौटे बनाना	बाल - पर्व 'फूलदेई' के माध्यम से छात्र या
			जान सकेंगे कि त्योहारों का प्रमुख उद्देश्य
			जन कल्याण की भावना ही होती है यह
			फूलों का त्यौहार बच्चों में उत्साह और
			उमंग भरने का कार्य करेगा <ul> <li>संज्ञा के बदले प्रयुक्त किए जाने वाले</li> </ul>
			सार्वनामिक शब्दों से छात्र परिचित होंगे
			और अपने लेखन में ऐसे शब्दों का प्रयोग
			कर सकेंगे
			<ul> <li>एकवचन व बहुवचन वाले शब्दों से छात्र</li> </ul>
			परिचित होंगे साथ ही इनका व्याकरणिक
			प्रयोग करने में भी दक्षता हासिल करेंगे
September	> पाठ - 10 :	🕨 रस्साकशी गतिविधि	🕨 कविता के माध्यम से छात्रों के अंदर्
	रस्साकशी	करना (आउटडोर)	प्रतिस्पर्धात्मक भावना का विकास होगा
	> विशेषण		साथ ही विभिन्न प्रकार के खेलों और
			उनकी गतिविधियों तथा उनसे होने वाले
			लाभों के बारे में भी जान सकेंगे



			>	संज्ञा और सर्वनाम् की विशेषता बताने
				वाले विशेषण शब्दों से छात्र सामान्य रूप
				से परिचित होंगे और उनका वाक्य प्रयोग करने में भी सफलता प्राप्त करेंगे
				איל די יוו לוזילולוו אוילו איליו
October	पाठ - 11 : एक	> छात्रों की	>	बाल सुलभ स्वभाव को दिखाती हुई
	जादुई पिटारा	कल्पनाशीलता को आयाम देने के लिए		कविता छात्रों के अंदरकल्पना शीलता के नए आयाम विकसित करेगी जिसको वे
	▶ पाठ - 12 : अपना–अपना	कोई काल्पनिक		वाक्यबद्ध करके लिखने में और बोलने में
	काम	कहानी को कक्षा में		दक्षता हासिल करेंगे
	> विलोम शब्द	बुलवाना	>	छात्रों को पढ़ाई के प्रति प्रेरित करने वाली
	🕨 वाक्यांश के	> विलोम और शब्दकोश		एक ऐसी कहानी जिसे पढ़कर छात्र
	लिए एक शब्द	के लिए वर्कशीट पर अभ्यास करना		एकाग्रचित होकर पूरे मन से पढ़ने के लिए प्रेरित होंगे
		जम्पास परिशा	>	विपरीतार्थक शब्दों और वाक्यांश के लिए
				एक शब्दोंको पढ़कर छात्रों के अंदर
				अधिक से अधिक शब्दों को जानने की
	2 2	2. 2. 2. 2. 2.		लालसा उत्पन्न होगी और
November	> पाठ - 13 : पेड़ीं	<ul> <li>छात्रों से कुछ पेड़ों में</li> </ul>	>	अभाव में भी केवल अपनी निष्ठा और
	की अम्मा 'थिमक्का'	पानी दिलवाने की गतिविधि कराना		श्रद्धा के बल पर सामाजिक कार्य के लिए स्वयं को समर्पित किया जा सकता है बच्चे
	> पाठ - 14 :	भाराायाय प्रस्ता		थिमक्का की जीवनी से बच्चे इसका
	किसान की			उदाहरण प्राप्त करेंगे और वनस्पति जगत
	होशियारी			के प्रति अपने कर्तव्य का पालन करना
	🕨 क्रिया			सीखेंगे
				कठिन से कठिन परिस्थिति में भी धैर्य
				बनाए रखना और बुद्धिमानी से काम लेने की सीख प्राप्त होगी
			>	वाक्य में क्रियापद की सामान्य जानकारी
				और क्रिया के विभिन्न रूपों से बच्चों का
				एक सामान्य परिचय होगा जिससे बच्चे
				इनका व्याकरणिक रूप से वाक्य प्रयोग
				करना सीखेंगे



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December	<ul><li>पाठ - 15 :</li><li>भारत</li><li>पाठ - 16 :</li><li>चंद्रयान</li></ul>	<ul> <li>5 राष्ट्रीय चिन्हों को लिखना और किसी एक का चित्र बनाना</li> <li>शब्दकोश वृद्धि हेत्</li> </ul>	राष्ट्र का परिचय कराती कविता को पढ़कर छात्र देश के प्रति सम्मान, समर्पण, श्रद्धा कर्तव्यनिष्ठा के भाव से ओत - प्रोत होंगे
	<ul> <li>पर्यायवाची शब्द</li> <li>विराम चिह्न</li> </ul>	वर्कशीट पर अभ्यास	<ul> <li>छात्रों के अंदर वैज्ञानिक दृष्टिकोण उत्पन्न करने में सहायक या पाठ उन्हें भारत की वैज्ञानिक उपलब्धियों के बारे में भी ज्ञान कराएगा जिससे वे गौरवान्वित होंगे</li> <li>छात्र अनेकार्थी शब्दों का ज्ञान ग्रहण करेंगे और उसका अपने लेखन और उच्चारण में प्रयोग कर सकने में समर्थ बनेंगे</li> <li>विराम चिन्हों के समुचित प्रयोग से छात्रों</li> </ul>
			की लेखन शैली और भाव - भंगिमा के साथ उच्चारण करने की सीख मिलेगी
January	<ul> <li>पाठ - 17 :         बोलने वाली         माँद</li> <li>पाठ - 18 : हम         अनेक किंतु         एक         चित्र वर्णन         शब्द भंडार</li> </ul>	<ul> <li>नाट्य अभिनय कराना</li> <li>एक साथ कविता</li> <li>गायन कराना</li> <li>(असेंबली में)</li> </ul>	<ul> <li>छात्र हर समय सतर्कता से काम लेना और कठिन परिस्थिति में भी धैर्य और विवेक का परिचय देना सीखेंगे</li> <li>विविधता में एकता का संदेश देश की इस कविता से छात्रों में एकता का संचार होगा और वे संपूर्ण भारत की एकता से भी परिचित होंगे तथा एकता के महत्व को समझ सकेंगे</li> <li>छात्रों की लेखन क्षमता में समुचित विकास हो सकेगा और वह शुद्ध लेखन तथा शुद्ध उच्चारण भी सीख सकेंगे</li> <li>छात्रों के शब्द भंडार में वृद्धि तथा शुद्ध लेखन व उच्चारण कौशल का समुचित विकास</li> </ul>
February	<ul> <li>संवाद व रोल</li> <li>प्ले (अभिनय</li> <li>तथा लेखन)</li> <li>श्रुतलेख शब्द</li> <li>भंडार</li> </ul>	<ul> <li>विभिन्न पाठों पर आधारित रोलप्ले कराना</li> <li>श्रुतलेख का अभ्यास</li> </ul>	<ul> <li>संवाद लेखन के रोल प्ले के माध्यम से छात्रों में निर्भीक तथा भाव भंगिमा के साथ उच्चारण करने की क्षमता का विकास</li> <li>श्रुतलेख के माध्यम से शब्दों को शुद्धता से लिखनाऔर उनका सही उच्चारण करना तथा वाक्य प्रयोग भी कर सकने की क्षमता का विकास</li> </ul>



## **SUBJECT- MATHS**

MONTH	TOPIC	<b>Subject Activities</b>	LEARNING OUTCOMES/SKILL	
			DEVELOPMENT	
April	<ul><li>➤ Chapter 1 What's in the name?</li><li>➤ Chapter 2 Toy Joy</li></ul>	<ul> <li>Counting and grouping activity</li> <li>Shape Sorting</li> <li>Drawing and labelling 3D shapes</li> <li>Short quiz(shape names and properties)</li> </ul>	<ul> <li>Learning simple counting strategies in solving everyday problems.</li> <li>Counting letters and understanding the significance of length in names.</li> <li>Explore how to identify, describe, and manipulate different shapes to build structures</li> <li>Visualizing and understanding the properties of shapes, their</li> </ul>	
June	➤ Chapter 3 Double Century	<ul><li>Worksheet and Exercise</li><li>Oral Assessment</li></ul>	faces, and edges.  Count and represent numbers upto 100 and beyond using matchsticks and bundles  Understand the concept of estimation and improve their estimation skills  Recognising number pattern and sequencing	
July	Chapter 4 Vacation with my Nani maa	<ul><li>Card game for arithmetic practice</li><li>Skip counting activity</li></ul>	<ul> <li>Develop ability to estimate the sum and difference</li> <li>Reinforcing skip counting by 2s,5s and 10s</li> </ul>	
August	<ul> <li>Chapter 5 Fun with shapes</li> <li>Chapter 6 House of Hundred- I</li> </ul>	<ul> <li>Framing shapes with match sticks</li> <li>Symmetry formation</li> </ul>	<ul> <li>Identify and name different geometric shapes</li> <li>Understand the properties of shapes</li> <li>Compare different shapes based on properties and use</li> <li>Recognize symmetry and Pattern in different shapes</li> </ul>	
September	<ul> <li>Chapter 7         Raksha         Bandhan         Chapter 8 Fair         Share     </li> </ul>	<ul> <li>multiplication chart</li> <li>Understanding half and quarters by paper folding activity</li> </ul>	<ul> <li>Learn and memorize         multiplication tables</li> <li>Solve multiplication and division         word problems.</li> </ul>	



October	➤ Chapter 9 House of	<ul> <li>Estimation game with everyday objects</li> </ul>	<ul> <li>Recognizing relationship between multiplication and division</li> <li>Understanding the concept of fraction</li> <li>Understanding the relationship of half and quarters</li> <li>Perform basic arithmetic operations within 1000</li> </ul>
	Hindred- II	everyddy objects	<ul> <li>Estimate and compare the large numbers</li> <li>Understand the place value system</li> </ul>
November	<ul> <li>Chapter 10 Fun at Class party!</li> <li>Chapter 11 Filing and lifting</li> </ul>	<ul> <li>Activity-Comparing objects using handspan, footsteps and rulers</li> <li>Measurement with standard and non standard tools</li> </ul>	<ul> <li>Identify and use different informal and formal tools for the measuring lengths</li> <li>Understand and apply the concept of estimation in measuring lengths.</li> <li>Comparing the capacities of different containers</li> <li>Solving simple problems involving volume and capacity</li> </ul>
December	<ul> <li>Chapter 12     Give and Take</li> <li>Chapter 13     Time goes on</li> </ul>	<ul> <li>Money based activity</li> <li>Calendar Games and analog clock activity</li> </ul>	<ul> <li>Understanding place value concept in context with addition and subtraction</li> <li>Solving word problems on addition and subtraction</li> <li>Developing math strategies for calculation</li> </ul>
January	<ul><li>Chapter 14 The Surajkund fair - I</li></ul>	<ul><li>Bead pattern Activity</li><li>Mask making activity</li></ul>	<ul> <li>Identifying and creating symmetrical pattern</li> <li>Understand mirror images and line of symmetry</li> <li>Creating tesellating patterns and solving maze problems</li> </ul>
February	> Revision	<ul><li>Revision of annual exam syllabus by worksheets</li></ul>	<ul><li>Students will be confident to perform better in exam</li></ul>



## **SUBJECT- EVS**

			DJECT-EVS	
MONT	H TOPIC	SUB TOPICS	ACTIVITIES	LEARNING
				OUTCOMES/SKILL
				DEVELOPMENT
> Apr	Chapter 1 — Family and Friends	<ul> <li>Understandin g relationships within the family.</li> <li>The importance of friends and friendships.</li> <li>Celebrating special occasions with family and friends.</li> </ul>	<ul> <li>Family Tree Craft         (Art + Language)         – Create a family         tree and write 1         line about each         member.</li> <li>Role Play –         Helping Family         (Drama) – Enact         scenes like         helping parents or         siblings.</li> <li>Friendship         Bracelet Making         (Art) – Make and         exchange simple         paper bracelets.</li> <li>Story Time – My         Best Friend         (Language) –         Narrate or write a         few lines about a         best friend.</li> </ul>	<ul> <li>Understand the concept of family and the importance of family members.</li> <li>Recognize the role of friends in a child's life.</li> <li>Learn about different types of families (nuclear, joint, etc.).</li> <li>Understand the importance of love, care, and respect in relationships.</li> </ul>
> June	Chapter 2 — Going to the Mela	<ul> <li>Preparation for attending a mela (fair).</li> <li>Modes of transportation to the mela.</li> <li>Safety</li> </ul>	<ul> <li>Draw a Mela</li> <li>Scene (Art) –</li> <li>Include food</li> <li>stalls, swings,</li> <li>music bands.</li> <li>Mela Role Play</li> <li>(Drama +</li> <li>Language) – Set</li> </ul>	<ul> <li>Understand the concept of a fair or mela and its cultural significance.</li> <li>Identify various activities that take place at a mela.</li> </ul>
		measures during travel and at the mela.  Experiences and activities at the mela.	up a class "mela" with pretend sellers and buyers.  Money Game (Math) – Use pretend money to	Learn about different types of food, games, and crafts at the mela.



		Understanding the significance of melas in Indian culture.	buy/sell things at the mela.  Sound Hunt (Music + EVS) – Identify different sounds you might hear at a mela.	Recognize the importance of community events in strengthening social ties.
> July	Clapter 3 Celebratin g Festivals Chapter 4 Getting to Know Plants	<ul> <li>Awareness of nature and its role in festivals.</li> <li>Cultural diversity and the celebration of various festivals.</li> <li>Seasonal changes and their impact on festivals</li> <li>Family traditions and bonding during festivals.</li> <li>Environment al appreciation through festival celebrations.</li> <li>Parts of a plant and their functions.</li> <li>Types of plants: trees, shrubs, climbers, and creepers.</li> </ul>	<ul> <li>Festival Food         Drawing (Art +             Language) –         Draw and label         foods eaten         during festivals.</li> <li>Leaf Rubbing         Activity (Art +         Science) – Use         crayons and         leaves to observe         leaf patterns.</li> <li>Seed Germination         (Experiment) –         Grow rajma/chana         in cotton; observe         daily.</li> <li>Parts of a Plant         Puzzle (Art) – Cut         and paste parts of         a plant and label         them.</li> </ul>	<ul> <li>Learn about various festivals celebrated in India and around the world.</li> <li>Understand the significance and rituals associated with different festivals.</li> <li>Recognize the importance of celebrating festivals in bringing communities together.</li> <li>Appreciate cultural diversity through festivals.</li> <li>Identify the different parts of a plant (roots, stem, leaves, flowers, and fruits).</li> <li>Understand the basic needs of plants (air, water, sunlight, soil).</li> <li>Learn about the different types of plants (trees, shrubs, herbs, etc.).</li> <li>Understand the role of plants in maintaining the balance of nature.</li> </ul>



		<ul> <li>Observing and recording plant growth.</li> <li>The importance of plants in our environment.</li> <li>Activities like creating rangoli with leaves and flowers</li> </ul>		
> Augu st	➤ Chapter 5  — Plants and Animals Live Together	<ul> <li>Interdepende nce between plants and animals.</li> <li>Role of animals in pollination and seed dispersal.</li> <li>How plants provide food and shelter to animals.</li> <li>Human dependence on plants and animals for survival.</li> <li>Conservation of plants and animals for ecological balance.</li> </ul>	<ul> <li>▶ Draw Food         Chain Chart         (Science) – Create         a simple food         chain with arrows         (e.g., Grass →             Deer → Tiger).         ▶ Guess the Animal         (Language +             Drama) – Act out             an animal, others             guess it.         ▶ Draw and Label             Habitat (Art)             forest/pond/farm             and label the             animals and             plants.             ▶ Classify Game             (Science + Math)</li></ul>	<ul> <li>Understand the interdependence between plants and animals.</li> <li>Learn how plants provide food, oxygen, and shelter for animals</li> <li>Understand the role of animals in pollination and seed dispersal.</li> <li>Recognize the importance of biodiversity in ecosystems.</li> </ul>



- Septe mber
- ➤ Chapter 6

   Living
  in
  Harmony
- Chapter 7Water—APreciousGift
- Understandin g the relationship between humans, plants, and animals.
- Mutual dependence for survival and well-being.
  - Observing and caring for pets and plants.
- The role of humans in maintaining ecological balance.
- Celebrating
  the arrival of
  migratory
  birds and
  their
  significance.
  Sources of
  water: rivers,
  lakes, ponds,
  and rainfall.
- The water cycle and its importance.
- Conservation of water resources.
- The role of water in sustaining life.

- Helping Hands
   Chart (Social
   Studies) Write
   or draw good
   deeds classmates
   have done.
- Water Cycle in a
   Bag (Science
   Experiment) –
   Draw and watch
   condensation in a
   ziplock bag.
- Water Sound
  Game (Music) –
  Listen to
  dripping, flowing,
  bubbling and
  identify the
  sound.
- Save Water Poster
  (Art) Draw
  ways we can save
  water with
  slogans.
- Float and Sink
  (Science) –
  Experiment with
  objects in water:
  stone, leaf, spoon,
  paper.
- ➤ Water Usage
  Chart (Math +
  EVS) Count
  how many glasses
  of water you
  drink daily.

- Learn the importance of living in harmony with nature.
- Understand the need for balancing human activities with environmental conservation.
- Discuss the role of humans in protecting natural resources.
- Promote sustainable living practices to preserve the environment.
- ➤ Understand the importance of water for all living beings.
- Learn about the sources of water (rivers, lakes, groundwater).
- Recognize the need for conserving water.
- Understand the concept of the water cycle and its impact on the environment.



> Octob er	Chapter 8 - Food We Eat	<ul> <li>Understandin g the need for clean and safe drinking water.</li> <li>Different types of food: cereals, pulses, vegetables, fruits, and animal products.</li> <li>Sources of food and their nutritional value.</li> <li>The importance of a balanced diet.</li> <li>Traditional foods and their cultural significance.</li> <li>Understandin g the role of food in maintaining</li> </ul>	<ul> <li>Food Sorting         (Science) – Group         foods into fruits,         grains, pulses,         vegetables.</li> <li>Taste Test         (Experiment) –         Sample sugar,         salt, lemon, bitter         gourd (bitter) and         classify.</li> <li>Draw Your Thali         (Art + Health) –         Draw a healthy         meal plate with all         food groups.</li> <li>Cooking Without         Fire (Practical) –         Make a simple         salad or sandwich         in class.</li> </ul>	<ul> <li>Understand the types of food that humans need to stay healthy (carbohydrates, proteins, vitamins, etc.).</li> <li>Learn about the different food groups and their importance.</li> <li>Understand the concept of a balanced diet.</li> <li>Discuss the sources of food and the process of food production (agriculture, animals, etc.).</li> </ul>
> Nove mber	Chapter 9 - Staying Healthy and Happy	Personal hygiene practices: brushing teeth, bathing, and	My Health Chart (Math) – Track brushing teeth, washing hands, exercise, sleep over a week.	<ul> <li>Understand the importance of good hygiene for staying healthy.</li> <li>Learn about the need for physical exercise and a balanced diet.</li> </ul>
		washing hands.	<ul><li>Handwashing</li><li>Demo (Science) –</li><li>Show how soap</li></ul>	Discuss mental and emotional well-being and its impact on overall health.



		<ul> <li>Importance of regular physical activity and exercise.</li> <li>Balanced diet and its impact on health.</li> <li>Mental wellbeing and the role of positive emotions.</li> <li>Creating a daily routine for maintaining health</li> </ul>	(germs).  Draw Healthy/Unhealth y Foods (Art) — Divide a page and draw both types  Yoga Session (PE) — Simple poses like tree, mountain, butterfly.	Learn about the importance of rest, sleep, and relaxation.
> Dece mber	Chapter 10 – This World of Things	<ul> <li>Different types of objects and their uses.</li> <li>Materials used in making various objects.</li> <li>Understandin g the concept of recycling and reusing.</li> <li>The role of technology in creating and using objects.</li> <li>Appreciating the craftsmanship behind everyday items</li> </ul>	<ul> <li>Sorting Game (Math + Science)         Sort objects into wood, metal, plastic, glass.</li> <li>Texture Touch Game (Sensory)         Touch and describe items: soft, rough, smooth.</li> <li>Material Hunt (EVS + PE) – Find and list 5 items made from different materials.</li> <li>Match the Object (Art) – Match item to its use (e.g., spoon – eating, chair – sitting).</li> </ul>	<ul> <li>Identify different materials and objects found in the environment.</li> <li>Understand the uses and properties of various materials (wood, metal, plastic, etc.).</li> <li>Learn about the importance of recycling and reusing things.</li> <li>Recognize the impact of human activity on the environment</li> </ul>



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> Janua ry	Chapter 11 – Making Things	<ul> <li>Basic tools and materials used in crafting.</li> <li>Step-by-step process of creating simple items.</li> <li>Importance of creativity and innovation.</li> <li>Safety measures while using tools.</li> <li>Sharing and displaying handmade creations.</li> </ul>	<ul> <li>Recycled Craft         (Art + EVS) –         Use old         newspaper boxes         to make pencil         holders, animals.</li> <li>Origami (Math +         Art) – Make paper         birds, frogs or         flowers.</li> <li>Junk to Toy         Challenge (EVS +         Art) – Use bottle         caps, straws, etc.         to make a simple         toy.</li> </ul>	<ul> <li>Learn about the process of making things from raw materials.</li> <li>Understand the concept of tools and machines used in making products.</li> <li>Recognize the role of craftsmanship and creativity in creating objects.</li> <li>Appreciate the significance of handmade and machinemade items in everyday life.</li> </ul>
> Febru ary	➤ Chapter 12 - Taking Charge of Waste ➤ Revision	<ul> <li>Types of waste: biodegradable e and non-biodegradable.</li> <li>Methods of waste disposal: composting, recycling, and reusing.</li> <li>The importance of reducing waste generation.</li> <li>Community initiatives for waste management.</li> </ul>	<ul> <li>Wet/Dry Waste         Sorting (Science)         – Bring clean         pictures or         samples and sort         into bins.</li> <li>Compost in a         Bottle         (Experiment) –         Observe vegetable         peels decompose         over days.</li> <li>Clean-Up Drive         (Social Work) –         Clean a corner of         school with         gloves and         supervision.</li> </ul>	<ul> <li>Understand the concept of waste and types of waste (biodegradable, non-biodegradable).</li> <li>Learn about the importance of reducing, reusing, and recycling waste.</li> <li>Recognize the environmental impact of waste on the planet.</li> <li>Discuss methods of waste management and the role of individuals in reducing waste.</li> </ul>



Creating awareness about the impact of waste on the environment.		
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## **SUBJECT- COMPUTER**

MONTH	TOPIC	SUB TOPIC	LAB ACTIVITY	LEARNING OUTCOMES/SKILL DEVELOPMENT
April	> Windows Operating System	<ul> <li>What is an operating system?</li> <li>Desktop icons,</li> <li>Taskbar</li> <li>Opening and closing programs</li> <li>Using the Start Menu</li> </ul>	Activity: Identify parts of the desktop and open a program using the Start Menu	<ul> <li>Understands the basic interface and functions of the Windows OS</li> </ul>
June	➤ TupiTube Animation Software	Introduction to TupiTube Drawing tools, frames, timeline Making a simple animation	Create a 3- frame animation of a bouncing ball	Explores animation tools and creates a basic animation using TupiTube
July	Continuati on of TupiTube	Advanced frame editing Playback and exporting animation	Project: Create a 5- scene animated comic	➤ Applies creative thinking to design short animations independently



August	➤ MS Word  - Editing and Formattin g	Typing and editing text Copy, Paste, Undo, Redo Formatting: font style, size, color, bold, italic	Type a paragraph and apply all formatting tools	Applies text formatting tools to create visually structured documents
September	> Introducti on to PowerPoin t	<ul> <li>Creating new presentation</li> <li>Adding/editi ng slides</li> <li>Inserting text and pictures</li> </ul>	Activity: Make a 3- slide presentation about "My Family"	Creates and presents a simple PowerPoint presentation with text and images
October	➤ Internet	What is the Internet? Uses and safety rules Introduction to search engines	Activity: Internet quiz game + Safe/Unsafe browsing scenario cards	Understands the concept of the Internet and practices basic online safety
November	> Step-wise Thinking	Sequence of steps Algorithms in daily life Flow of actions	Activity: Arrange picture cards in a logical sequence Write steps to brush your teeth	Applies logical thinking to arrange steps and recognize patterns
December	➤ Blocks Buddy + Scratch Intro	<ul> <li>Drag and drop blocks         Understandin g Sprites and Stage         Creating simple code blocks     </li> </ul>	Activity: Animate a cat to move and speak using Scratch Jr/Scratch	Uses block-based programming to build simple interactive stories
January	> AI vs Human Intelligenc e	<ul><li>AI vs Human brains</li><li>Examples of AI</li></ul>	Activity: Draw a smart robot + Class AI debate: "Can AI	Recognizes key differences between AI and human intelligence



		Where is AI used?	think like humans?"	
February	> Revision	Full syllabus recap and practice	Activity: Practice paper, oral quiz, practical test	> Recalls and applies all learning from the academic year

## **SUBJECT - G K**

MONTH	TOPIC	Suggested Activities	Learning Outcomes / Skill Development
April	<ul><li>My Country</li><li>India</li></ul>	<ul><li>Flag coloring activity, National symbols chart</li></ul>	<ul><li>Awareness of national identity and pride</li></ul>
June	Famous Places in India	➤ Flashcards and map marking	Develop geographical and cultural awareness
July	> Animals and Their Homes	<ul> <li>Match-the-pair worksheet, drawing habitats</li> </ul>	Understanding animal life and their environments
August	> Festivals of India	> Festival scrapbook, costume day	Learn about diverse cultures and traditions
September	> Our Solar System	> Model of planets, planet song	<ul><li>Basic understanding of space and planets</li></ul>
October	<ul><li>Healthy Habits and</li><li>Food</li></ul>	➤ Food plate craft, sorting healthy/unhealthy foods	Develop awareness of hygiene and nutrition
November	> Occupations Around Us	Role play activity, guess the job game	Understanding community helpers
December	➤ Continents and Oceans	➤ Globe activity, puzzle games	Introduction to world geography
January	Famous Personalitie s of India	Picture quiz, short biography presentations	Learn about inspirational figures
February	> Amazing Animals	> Show and tell, quiz	Boost curiosity about wildlife and nature



and Bird	
Facts	

#### **SUBJECT- ART & CRAFT**

SUBJECT- ART & CRAFT			
MONTH	TOPIC	ACTIVITY	LEARNING OUTCOMES/SKILL
			DEVELOPMENT
April	<ul> <li>Basic         Elements of         Art</li> <li>Colour         Theory</li> </ul>	<ul> <li>Drawing of colour wheel using primary colour, secondary colour and tertiary colour</li> <li>Patterns drawing using bottle caps, pencil colour</li> </ul>	<ul> <li>To use the elements of art to create balanced, visually engaging, and meaningful artworks.</li> <li>To convey ideas, emotions, and messages through their artwork.</li> <li>To Learn and use the academic vocabulary of color, including terms like hue, saturation, value, and color schemes. To Investigate the workings of the human eye and brain in perceiving color, and understand the physiological and psychological aspects of color.</li> </ul>
June	➤ Colour Mixing	<ul> <li>Draw a         composition         using basic         elements of art</li> </ul>	Master the basics of color mixing, including identifying primary, secondary, and tertiary colors, and understanding how to create a wide range of colors. explore different color systems like the color wheel and understand how colors are classified and organized.
July	<ul> <li>Rakhi         Making</li> <li>Plant         Decoration</li> </ul>	<ul> <li>Foam sheet flower making</li> <li>Decorative items pasting</li> <li>Warli art on plant</li> </ul>	<ul> <li>Rakhi making encourages participants to express themselves creatively through designing, decorating, and crafting.         Learning about the traditions, customs, and significance of Raksha Bandhan fosters a deeper understanding and appreciation of cultural heritage.</li> <li>Decorating with plants allows for creative expression and the development of unique designs.</li> <li>Students may need to problem-solve when facing challenges during the decoration process, such as finding the right materials or arranging plants effectively.</li> </ul>
August	<ul><li>Janmashtmi Drawing</li><li>Independenc e Day Craft</li></ul>	<ul> <li>Mukut decoration using colour paper and stones</li> </ul>	To encourages a sense of unity and community spirit. Students learn the value of working together, supporting one another, and building strong, inclusive relationships within their community.



		➤ Indian flag drawing using Grains and pulses	<ul> <li>Students will be able to identify key events and figures related to their country's independence movement. To practice and improve their fine motor skills through cutting, gluing, and other craft techniques.</li> <li>To recognize and understand the significance of national symbols (flag, anthem, etc.).</li> </ul>
September	> Spra y Paint ing	> Spray colour using brush and one object like crayons and stones	<ul> <li>To Understanding paint composition, mixing ratios, and the use of thinners to achieve desired viscosity and finish.</li> <li>To develop skills in applying paint evenly, controlling overspray, and achieving desired finishes.</li> </ul>
October	<ul><li>Card-Making</li><li>Flower Making</li></ul>	<ul> <li>Card making using colour paper</li> <li>Flower making using foam sheet</li> </ul>	<ul> <li>The class will cover a range of techniques, including stamping, embossing, die-cutting, layering, and embellishment.</li> <li>To create unique and personalized cards for various occasions, expressing creativity and heartfelt sentiments. To learn about different card folds and structures, such as pop-up cards and unique shapes.</li> <li>To improve their Gross and fine motor skills and hand and eye coordination.</li> </ul>
November	➤ Poster- Making	➤ Poster drawing on deewali	To learn skills such as gluing, sticking, taping, stapling, cutting, and tearing. Learners analyze information and identify key messages to convey effectively. They brainstorm ideas, overcome design challenges, and find solutions to create impactful posters.
December	Name Plate Decorati on	<ul> <li>Name plate         making on         Rectangle         wooden base         using colour sand         or rangoli</li> </ul>	<ul> <li>Students will be able to accurately cut, glue, and apply various materials (paper, glitter, stickers, etc.) to create a name plate.</li> <li>To understand of color, composition, and design elements. to recognize and spell their own names (and potentially other words) on the name plate.</li> </ul>
January	<ul><li>Paper Bag Decoration</li></ul>	➤ Big size paper bag making using chart paper and colour rope	> Students will be able to design and create paper bags of various sizes and styles, understanding different techniques and materials.



			> Students will develop skills in accurately cutting, marking, creasing, and folding paper for bag production, minimizing waste.
February	➤ Envelop Making ➤ Paper Quilling Art	<ul> <li>Envelop drawing usinmg old wedding card , invitation card</li> <li>Flower making with quilling strips</li> </ul>	<ul> <li>To developing fine motor skills, creativity, and an understanding of basic shapes and designs, while also potentially improving focus and memory.</li> <li>To enhance the ability to fold, glue, and secure paper to create a functional envelope, as well as understanding different envelope types and their uses.</li> </ul>

#### **SUBJECT - MUSIC**

MONTH	TOPIC	Activity /Practical	LEARNING OUTCOMES/SKILL DEVELOPMENT
April	<ul> <li>➤ Alankaar 1-10</li> <li>➤ Prayers With Notation</li> <li>➤ Plata 1-10</li> </ul>	<ul> <li>Practice Shuddha Swaras (Sa-Ni)</li> <li>Singing Sa-Sa (one octave)</li> <li>Practice Sa Re Ga Ma on harmonium, keyboard,</li> <li>Identify and play notes correctly</li> </ul>	<ul> <li>To improve the vocal practice</li> <li>To understand the relevance of prayer</li> <li>To understand musical notes, and Alankars</li> </ul>
June	<ul> <li>Revision of         Alankaar         and palta</li> <li>Revision of         Notation</li> </ul>	<ul> <li>Sing 2–3 simple alankars (e.g., Sa Re Ga, Ga Ma Pa, etc.)</li> <li>Focus on clarity, breath control, and rhythm</li> <li>Play 2–3 simple alankars on instrument with accuracy</li> <li>Use metronome or taal app to maintain rhythm</li> </ul>	To improve the vocal practice To understand the relevance of prayer To understand musical notes, and Alankars



July	➤ Lesson for Musical keyboard and guitar - Finger practice	<ul> <li>Sing 2–3 simple alankars (e.g., Sa Re Ga, Ga Ma Pa, etc.)</li> <li>Focus on clarity, breath control, and rhythm</li> <li>Play 2–3 simple alankars on instrument with accuracy</li> <li>Use metronome or taal app to maintain rhythm</li> </ul>	<ul> <li>To improve keyboard practice</li> <li>To understand playing technique of instruments</li> </ul>
August	<ul> <li>Preparation of 15th         August</li> <li>Independen ce Day</li> <li>Guitar,         keyboard         and         percussion</li> </ul>	<ul> <li>Practice patrotic and group song and perform to school events</li> <li>Develop listening and coordination skills</li> <li>Play Aroha, Avaroha, Pakad, and a simple tune</li> <li>Develop confidence in fingering and melody structure</li> </ul>	<ul> <li>To learn about the culture of our country</li> <li>To know about the importance of our freedom</li> <li>To understand playing technique of instruments</li> </ul>
September	<ul> <li>Raga kafi</li> <li>Sargam geet</li> <li>Bandish</li> <li>Teen Taal</li> </ul>	<ul> <li>Play Aroha, Avaroha,         Pakad, and a simple tune</li> <li>Develop confidence in         fingering and melody         structure</li> <li>Practice basic theka of         Teentaal or Keharwa</li> <li>Keep tempo steady,         understand Tali/Khali</li> </ul>	<ul> <li>To understand Indian classical music</li> <li>To learn Indian notation system</li> <li>To learn poetry and composition</li> <li>To learn Taal system</li> </ul>
October	<ul> <li>Raga kafi</li> <li>Sargam geet</li> <li>Bandish</li> <li>Teen Taal</li> </ul>	<ul> <li>Play Aroha, Avaroha,         Pakad, and a simple tune</li> <li>Develop confidence in         fingering and melody         structure</li> <li>Practice basic theka of         Teentaal or Keharwa</li> <li>Keep tempo steady,         understand Tali/Khali</li> </ul>	<ul> <li>To understand Indian classical music</li> <li>To learn Indian notation system</li> <li>To learn poetry and composition</li> <li>To learn Taal system</li> </ul>



November	> Preparation of Annual Function	> Perform on stage	➤ To able to express physical activity, expression, social interaction and cultural participation
December	<ul><li>Christmas celebrations and carol singing</li></ul>	<ul><li>Group song practice</li><li>And perform in school program</li></ul>	➤ To introduce Christmas celebration by Christmas songs, learn a Christmas carol, read a story about Santa
January	<ul><li>Preparation for Republic Day of India</li></ul>	➤ Group patrotic song and singles performance in school program	<ul> <li>To promote patriotism among children</li> <li>To promote the knowledge of Indian Constitution</li> </ul>
February	<ul> <li>Raga     bhupali</li> <li>Dhrupad</li> <li>History of     Indian     Music</li> <li>Music     theory</li> </ul>	<ul> <li>Play Aroha, Avaroha,         Pakad, and a simple tune     </li> <li>Develop confidence in         fingering and melody         structure     </li> <li>Practice basic theka of         Teentaal or Keharwa     </li> <li>Keep tempo steady,         understand Tali/Khali     </li> </ul>	<ul> <li>To gain knowledge about a different genre in Hindustani music other than khayal</li> <li>To develop an ability to sing basic compositions in the Dhrupad form</li> <li>To gain the ability to critically analyze theoretical aspects in music</li> </ul>



#### **SUBJECT-PHYSICAL EDUCATION AND SPORTS**

MONTH	TOPIC	ACTIVITES	LEARNING OUTCOMES/SKILL DEVELOPMENT
April	Table tennis, warm up and flexibility exercises & stretching exercises	<ul> <li>Table Tennis Activity</li> <li>Round the Table (a.k.a. King Pong)</li> <li>Players circle the table, hitting once then rotating.</li> <li>Miss a shot? You're out!</li> <li>Last player standing wins.</li> </ul>	<ul> <li>Improve hand-eye coordination and reaction time.</li> <li>Enhance concentration, focus, and agility.</li> <li>Promote teamwork,</li> </ul>



	<ul> <li>Add a yoga pose before rejoining each round (e.g., Tree Pose to focus).</li> <li>Mini Tournament</li> <li>Set up a single or double elimination bracket.</li> <li>Let players sign up in pairs or as individuals.</li> <li>Add a "wellness break" between rounds: stretches, breathwork, or hydration reminders.</li> <li>Target Zones</li> <li>Place markers (like colored paper or tape) on specific areas of the table.</li> <li>Players score bonus points by hitting those targets.</li> <li>Great for improving aim and control.</li> </ul>	sportsmanship, and fair play.
June-July  INTER HOUSE BADMINTON & YOGA Competition, Aerobics	<ul> <li>Rally Challenge</li> <li>Count how many consecutive hits a pair can keep the shuttle going.</li> <li>Encourage teamwork, focus, and consistency.</li> <li>Add a twist: hold a yoga pose while rallying (e.g., Warrior II stance!).</li> <li>Target Smash</li> <li>Hang paper rings or place targets on the court.</li> <li>Players earn points by hitting shuttles through them. and aim encourages precision.</li> <li>Badminton + Yoga Circuit</li> <li>Combine match play with wellness:</li> <li>After each game, both players do 2–3 yoga poses.</li> <li>Miss a serve? Hold a balance pose like Tree or Eagle.</li> </ul>	<ul> <li>Develop hand-eye coordination, agility, and reflexes.</li> <li>Enhance focus, concentration, and teamwork.</li> <li>Promote friendly competition, sportsmanship, and fair play.</li> <li>Improve flexibility, balance, and body control.</li> </ul>



		➤ Winning team leads a quick	
August - September	Inter house kho- kho competition, Obstacle race & yoga, relay race & health fair exhibition	<ul> <li>cooldown stretch!</li> <li>Mini Kho Kho Matches</li> <li>Shorter rounds: 3–5 min chase time instead of full game.</li> </ul>	<ul> <li>Enhance agility, speed, and coordination.</li> <li>Improve physical agility, coordination, and endurance.</li> <li>Foster teamwork, collaboration, and relay skills.</li> <li>Increase awareness about health and wellness topics.</li> </ul>
October- November	Inter house slow cycle race & athletics inter house volleyball competition, sports quizzes & rope skipping (speed sprint event)	<ul> <li>Cycle Race Activity</li> <li>Classic Sprint Race</li> <li>Straightforward: racers line up and speed to the finish.</li> <li>Use age or bike type categories for fairness.</li> <li>Bonus: yoga stretch zone at the end to cool down legs!</li> <li>Slow Cycling Challenge (Balance Race)</li> <li>GO SLOW! Last one to cross the finish line without touching feet down wins.</li> </ul>	<ul> <li>Enhance balance, coordination, and control while cycling.</li> <li>Develop physical fitness, speed, and endurance.</li> <li>Develop teamwork, communication, and coordination skills</li> <li>Increase knowledge about various sports and fitness topics.</li> <li>Enhance cardiovascular fitness and endurance.</li> </ul>



Decembe r- January  Inter house chess competition inter house carrom boar competition & sports quizzes	<ul> <li>Great for keeping energy high and games moving quickly.</li> <li>Perfect for tournaments or warm-ups.</li> <li>Chess Puzzle Challenge</li> <li>Set up boards with mid-game puzzles.</li> <li>Players solve for checkmate-inone, forks, pins, etc.</li> <li>Time each challenge for bonus points</li> <li>Simultaneous Match (Simul)</li> <li>One strong player (like a coach or top-ranked student) plays multiple boards at once.</li> <li>Spectacular to watch and exciting for players!</li> </ul>	<ul> <li>Enhance critical thinking, concentration, and problem-solving skills.</li> <li>Develop strategic thinking and decision-making abilities.</li> <li>Improve hand-eye coordination and fine motor skills.</li> <li>Enhance focus, concentration, and precision.</li> </ul>
	<ul> <li>One strong player (like a coach or top-ranked student) plays multiple boards at once.</li> <li>Spectacular to watch and</li> </ul>	
	<ul> <li>One person is the "commander" giving moves.</li> <li>Great as a fun, dramatic group game.</li> </ul>	



Febru	➤ Inter house table tennis competition	<ul> <li>Table Tennis Activity</li> <li>Round the Table (a.k.a. King Pong)</li> <li>Players circle the table, hitting once then rotating.</li> <li>Miss a shot? You're out!</li> <li>Last player standing wins.</li> <li>Add a yoga pose before rejoining each round (e.g., Tree Pose to focus).</li> <li>Mini Tournament Set up a single or double elimination bracket.</li> <li>Let players sign up in pairs or as individuals.</li> <li>Add a "wellness break" between rounds: stretches, breathwork, or hydration reminders.</li> </ul>	<ul> <li>Develop hand-eye coordination, reflexes, and concentration.</li> <li>Enhance agility, speed, and reaction time.</li> <li>Promote teamwork, sportsmanship, and healthy competition.</li> <li>Encourage focus, strategy, and precision in gameplay.</li> </ul>
		reminders.	



## **SUBJECT-DANCE**

MONTH	TOPIC	Activity	LEARNING OUTCOMES/SKILL
			DEVELOPMENT



April	AAAA	Basic Steps (classical dance kathak)tri taal padant (tri taal foot work 16 matras) Namaskaar ,guru vandana (kathak dance)	A A AA	Namaskaar Start in Samapadā.Hand to forehead → chest → floor → audience. Show respect to Guru, Earth, and Audience. Guru Vandana Perform with soft hastaks, mudras, and light footwork to a devotional line (e.g., "Gurur Brahma"). Basic Steps + Teentaal Padant (16 Matras) Tatkaar Bol: Ta Thei Thei Tat   Aa Thei Thei Tat   Aa Thei Thei Tat   Aa Thei Thei Tat   Aa Thei Thei Tat Padant: Clap and recite first, then perform footwork in rhythm.	<b>→</b>	Coordination and team work will be improved & children will know about classical dance, spiritual growth and they will learn meaning of the shlokas and appropriate hand and body gesture
June-July	<b>A</b>	Mudras (asangukta),Hastak (hands movement)	A A A	Mudras & Hastak Activity (Short) Asamyukta Mudras (Single Hand Gestures)Practice: Pataka, Tripataka, Ardhapataka, Shikhara, Mayura. Show each mudra with meaning. Hastak (Hand Movements)Combi ne mudras with graceful arm and wrist movements.Practice	<b>→</b>	Learn about how to use mudra in classical dance & respect the guru during practice or performance, How to move hands with footwork, flexibility



		<ul> <li>in rhythm with basic footwork or claps.</li> <li>Mirror Activity Students copy teacher or partner's mudras and movements.</li> </ul>	
August-Septembe r	Patriotic dance & chakkar (5 leg)	<ul> <li>Patriotic Dance &amp; Chakkar Activity (Short)1. Patriotic Dance</li> <li>Perform to a song like "Vande Mataram" or "Desh Rangila". Use expressive hastaks, formations, and group coordination.</li> <li>Chakkar (5-Leg Turn)Take 5 steps per full turn in rhythm (1-2-3-4-5 → spin).</li> <li>Keep posture straight, arms in open or closed mudra.</li> <li>Combo Practice Add chakkars in the middle or end of the patriotic dance sequence.</li> </ul>	<ul> <li>They learn how their bodies can move,</li> <li>Self expression</li> </ul>
October- Novembe r	<ul> <li>Toda         <ul> <li>(namaskaar/salaami),</li> </ul> </li> <li>Annual day         <ul> <li>preparation</li> </ul> </li> </ul>	<ul> <li>Salaami/Namaskaar         Toda Example Bol:</li> <li>Salaam Tat Tat         Thai   Tat Thai           Dig Dig Thai Ta           Thai Tat Thai</li> <li>Recite (padant)         first, then perform         with grace.</li> </ul>	To be able Physical activity ,expression ,social interaction and cultural participation



		<ul> <li>2. Practice with Expression Add respectful gestures, eye movements, and soft footwork.</li> <li>Practice group entry and synchronized movement.</li> </ul>	
Decembe r-January	Tihaai , kavit (Krishna leela)	<ul> <li>Tihaai Practice</li> <li>Bol: Tat Tat Thai           Tat Tat Thai           Tat Thai.</li> <li>Perform with         footwork and         expressions, ending         on sam.</li> <li>Kavit (Krishna         Leela)Recite a line         like: "Kaanha         makhan churaave,         bansuri         bajave"Use         gestures to show         Krishna's playful         nature (flute, butterstealing).</li> <li>Combine Tihaai &amp;         Kavit</li> <li>Use Tihaai after a         line of the Kavit to         create rhythm,         adding footwork         and expressions to         the story.</li> </ul>	They know about Krishna leela, body/mind coordination
February	Foot work of folk dance	<ul><li>Basic Steps</li><li>Right-left tapping, forward-backward</li></ul>	Coordination & know about folk dances



steps, side-to-side	
movements.	
Rhythmic Patterns	
Match steps to dhol	
or folk music beats	
(e.g., 4 or 8 count).	
, 0	
➤ Group Practice	
Form circles or	
lines and repeat	
steps together.	
stops together.	
> Energy &	
Expression	
pr • 5551011	
> Emphasize joyful	
movements and	
expressive faces.	
expressive faces.	

