

**BAL BHARATI PUBLIC SCHOOL, KHANDWA**

**SUBJECT- ENGLISH**

**CLASS - 7**

| <b>MONTH</b> | <b>TOPIC</b>  | <b>Activity</b>   | <b>LEARNING OUTCOMES/SKILL DEVELOPMENT</b>  |
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| April        | Literature:<br>➤ Chapter 1 – Tokyo Paralympics – a watershed moment for Indian sports<br>➤ Chapter 2 – Be the Best of Whatever You Are<br>Grammar:<br>➤ Adverbs | ➤ Describe any action you do by saying how, when, where, how often, and to what extent you do it using adverbs  | ➤ To understand and comprehend the written text<br>➤ To enhance reading skills<br>➤ To develop a basic understanding of new words and use them in day-to-day communication<br>➤ To use the dictionary effectively<br>➤ To understand adverbs<br>➤ To understand adverbs and their types |
| June         | Literature:<br>➤ Chapter 3 – Malgudi Cricket Club<br>Grammar:<br>➤ Pronouns<br>➤ Adjectives   | ➤ Activity: Pronoun Treasure Hunt– Students find noun flashcards around the room and replace them with correct pronouns in sentences<br>➤ Adjective Fashion Parade – Students describe an object or attire using four types of adjectives while one models it | ➤ To understand and comprehend the written text<br>➤ To enhance reading skills<br>➤ To develop a basic understanding of new words and use them in day-to-day communication<br>➤ To understand pronouns and their types<br>➤ To understand adjectives and their types                    |

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| July      | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 5 – Binya’s Blue Umbrella</li> <li>➤ Grammar:</li> <li>➤ Chapter 7 – Tenses</li> <li>➤ Chapter 8 – Tenses</li> <li>➤ Notice Writing</li> </ul> | <ul style="list-style-type: none"> <li>➤ One-line Ice breaking Activity on Tenses:</li> <li>➤ Tell us something you did yesterday, are doing now, and will do tomorrow in one sentence</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them in day-to-day</li> <li>➤ To develop a basic understanding of tenses</li> <li>➤ To enhance creative writing skills</li> </ul>                        |
| August    | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 6 – Somebody’s Mother</li> <li>➤ Grammar:</li> <li>➤ Chapter 9 – Perfect Tenses</li> <li>➤ Editing</li> </ul>                                  | <ul style="list-style-type: none"> <li>➤ Activity - Spot the slip</li> </ul>  | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them in day-to-day communication</li> <li>➤ To understand the concept of perfect tenses</li> <li>➤ To understand editing and error correction</li> </ul> |
| September | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 7 – Bright Spark</li> <li>➤ Chapter 8 – Gravity</li> <li>➤ Chapter 9 – The Face on the Wall</li> <li>➤ Grammar:</li> </ul>                     | <ul style="list-style-type: none"> <li>➤ Activity-Conjunction chain</li> <li>➤ Activity on Articles and Determiners:</li> </ul>   | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them day-to-day</li> <li>➤ To learn the use and purpose of articles and determiners</li> </ul>   |

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|          | <ul style="list-style-type: none"> <li>➤ Conjunctions</li> <li>➤ Articles and Determiners</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Name any object around you using an article or determiner before it.</li> </ul> |  |
| October  | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 4 – On the Grasshopper and the Cricket</li> <li>➤ Chapter 10 – As I Grew Older</li> <li>➤ Grammar:</li> <li>➤ Prepositions</li> <li>➤ Conjunctions</li> </ul> |  | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them in day-to-day communication</li> <li>➤ To understand the concept prepositions and conjunctions</li> <li>➤ To understand and use parts of speech effectively</li> <li>➤ To understand the usage of prepositions and conjunctions</li> </ul> |
| November | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 12 – My Lost</li> <li>➤ Chapter 18 Punctuation</li> <li>➤ Chapter 19 – Direct and Indirect Speech</li> </ul>  |  | <ul style="list-style-type: none"> <li>➤ To understand direct and indirect speech</li> <li>➤ To improve writing by combining ideas into well-structured sentences</li> </ul>   |

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| December | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 13 – All the World’s a Stage</li> <li>➤ Chapter 14 – The Holy Panchayat</li> <li>➤ Grammar:</li> <li>➤ Editing</li> </ul>  |  | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them in day-to-day</li> <li>➤ To understand the importance of punctuation and editing</li> </ul>   |
| January  | <p>Literature:</p> <ul style="list-style-type: none"> <li>➤ Chapter 15 – The Case of the Scientist’s Missing Papers</li> <li>➤ Chapter 16 Shillong – The Rock Capital of India</li> <li>➤ Letter Writing</li> <li>➤ Poster Making</li> </ul> |  | <ul style="list-style-type: none"> <li>➤ To understand and comprehend the written text</li> <li>➤ To enhance reading skills</li> <li>➤ To develop a basic understanding of new words and use them in day-to-day communication</li> <li>➤ To transform sentences as directed</li> <li>➤ To learn the concept and usage of phrases and clauses</li> </ul> |

### **SUBJECT-MATHS(NEW NCERT)**

| MONTH | TOPIC                 | Sub Topics   |   | LEARNING OUTCOMES/SKILL DEVELOPMENT  |
|-------|-----------------------|--|---|--|
| April | ➤ Chapter 1: Integers | ➤ Properties of addition and Subtraction of Integers | ➤ Addition and subtraction of integers by | <ul style="list-style-type: none"> <li>➤ To understand the concept of integers (positive and negative numbers).</li> <li>➤ To learn to represent integers on a number line.</li> </ul> |

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|      |   | <ul style="list-style-type: none"> <li>➤ Multiplication of integers and properties of multiplication of integer</li> <li>➤ Division of integer and properties of division of integers</li> </ul>   | paper cutting method  | <ul style="list-style-type: none"> <li>➤ To perform arithmetic operations (addition, subtraction, multiplication, and division) with integers.</li> <li>➤ To apply integers in real-life situations (temperature, elevations, money, etc.).</li> </ul>   |
| June | <ul style="list-style-type: none"> <li>➤ Chapter 2: Fractions and Decimals</li> </ul>                               | <ul style="list-style-type: none"> <li>➤ Multiplication of factors</li> <li>➤ Division of factors</li> <li>➤ Multiplication of decimal numbers</li> <li>➤ Division of decimals</li> </ul>  | <ul style="list-style-type: none"> <li>➤ To multiply fraction by colouring the paper</li> <li>➤ To find the product of decimals numbers by colouring the paper</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the concept of fractions (proper, improper, and mixed).</li> <li>➤ To perform arithmetic operations (addition, subtraction, multiplication, and division) with fractions.</li> <li>➤ To learn to convert fractions into decimals and vice versa.</li> <li>➤ To understand the place value of decimal numbers and perform operations with decimals.</li> </ul> |
| July | <ul style="list-style-type: none"> <li>➤ Chapter 3: Data Handling</li> <li>➤ Chapter 4: Simple Equations</li> </ul> | <ul style="list-style-type: none"> <li>➤ Representative values</li> <li>➤ Arithmetic Mean</li> <li>➤ Mode</li> <li>➤ Mean</li> <li>➤ Use of graph with different purpose</li> <li>➤ A mind reading game</li> <li>➤ Setting up an equation</li> </ul> | <ul style="list-style-type: none"> <li>➤ Survey by students on temperature of a week and collected data</li> <li>➤</li> </ul>   | <ul style="list-style-type: none"> <li>➤ To understand how to collect, organize, and represent data.</li> <li>➤ To learn to represent data using bar graphs, pie charts, and frequency tables.</li> <li>➤ To understand measures of central tendency: mean, median, and mode.</li> </ul>   |

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|        |   | <ul style="list-style-type: none"> <li>➤ Review of what we know</li> <li>➤ What equations is?</li> <li>➤ Application of simple equation to practical solutions</li> </ul>  |   | <ul style="list-style-type: none"> <li>➤ To Interpret data and solve problems based on real-life situations.</li> <li>➤ To understand the concept of equations and the process of solving simple linear equations.</li> <li>➤ To learn to solve equations involving one variable (e.g., <math>x + 5 = 12</math>).</li> <li>➤ To understand the balance method of solving equations.</li> <li>➤ To apply equations to real-life word problems and scenarios.</li> </ul> |
| August | <ul style="list-style-type: none"> <li>➤ Chapter 5: Lines and Angles</li> <li>➤ Chapter 6: Triangle and Its Properties</li> </ul> | <ul style="list-style-type: none"> <li>➤ Introduction to lines and Angles</li> <li>➤ related angles</li> <li>➤ pair of lines</li> <li>➤ Checking for parallel</li> <li>➤ Introduction to triangles</li> <li>➤ Medians of a triangle</li> <li>➤ Altitudes of a triangle</li> <li>➤ Exterior angle of a triangle</li> <li>➤ And its property</li> <li>➤ Angle sum property of a triangle</li> <li>➤ Two special triangles:</li> <li>➤ Equilateral and isosceles</li> </ul> | <ul style="list-style-type: none"> <li>➤ Comparison between 3D and 2D shapes</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand basic concepts of lines and angles.</li> <li>➤ To learn about different types of angles (acute, obtuse, right, and straight).</li> <li>➤ To study properties of parallel lines, transversals, and corresponding angles.</li> <li>➤ To understand the sum of angles in a triangle and other polygons.</li> <li>➤ To understand different types of triangles (equilateral, isosceles, scalene).</li> </ul>        |

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|           |   | <ul style="list-style-type: none"> <li>➤ Sum of the lengths of two sides of a triangle</li> <li>➤ Right-angled triangles and Pythagoras property</li> </ul>  |  | <ul style="list-style-type: none"> <li>➤ To learn the properties of triangles, including the sum of angles in a triangle.</li> <li>➤ To understand the concept of congruency and similarity of triangles.</li> <li>➤ To apply the properties of triangles to solve geometrical problems.</li> </ul>  |
| September | <ul style="list-style-type: none"> <li>➤ Chapter 12: Symmetry</li> <li>➤ Revision for Half Yearly Exam</li> </ul> | <ul style="list-style-type: none"> <li>➤ Introduction</li> <li>➤ Lines of symmetry for regular</li> <li>➤ Polygons</li> <li>➤ Rotational symmetry</li> <li>➤ Line symmetry and rotational symmetry</li> </ul>            | <ul style="list-style-type: none"> <li>➤ Art integration: rotational symmetry and art</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the concept of symmetry in geometrical shapes.</li> <li>➤ To learn to identify lines of symmetry in various shapes.</li> <li>➤ To understand rotational symmetry and learn how to identify objects with rotational symmetry.</li> <li>➤ To apply symmetry concepts in drawing and identifying symmetrical objects.</li> </ul> |
| October   | <ul style="list-style-type: none"> <li>➤ Chapter 13: Visualising Solid Shapes</li> </ul>                          | <ul style="list-style-type: none"> <li>➤ Introduction of plane figures and solid shapes</li> <li>➤ Faces, Edges and Vertices</li> <li>➤ Nets for building 3D shapes</li> <li>➤ Drawing solids on flat surface</li> </ul> | <ul style="list-style-type: none"> <li>➤ To make cube by drawing its nets</li> </ul>             | <ul style="list-style-type: none"> <li>➤ To understand the concept of congruent triangles.</li> <li>➤ To learn the criteria for congruence of triangles (SSS, SAS, ASA, RHS).</li> </ul>   |

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|          |  | <ul style="list-style-type: none"> <li>➤ Viewing different sections of a solid shape</li> </ul>   |   | <ul style="list-style-type: none"> <li>➤ To use congruence to solve real-life problems involving geometric shapes.</li> <li>➤ To prove the congruence of triangles using logical reasoning and geometry.</li> <li>➤ To understand the concept of 3D shapes (cuboids, cubes, cylinders, cones, spheres).</li> <li>➤ To learn to visualize and represent solid shapes in two dimensions (plans, elevations).</li> <li>➤ To understand the relationship between 2D and 3D shapes.</li> <li>➤ To learn to identify and analyse properties of 3D shapes (edges, vertices, faces).</li> </ul> |
| November | <ul style="list-style-type: none"> <li>➤ Chapter 7: Comparing Quantities</li> <li>➤ Chapter 8: Rational Numbers</li> </ul> | <ul style="list-style-type: none"> <li>➤ Percentage-another way of Comparing quantities</li> <li>➤ Use of percentages</li> <li>➤ Prices related to an item or Buying and selling</li> <li>➤ Charge given on borrowed Money or simple interest</li> <li>➤ Need for rational numbers</li> </ul> | <ul style="list-style-type: none"> <li>➤ To express part of a whole as a fraction ,ratio, decimal and percentage</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the concept of ratios and proportions.</li> <li>➤ To learn to solve problems involving percentages, profit, and loss.</li> <li>➤ To solve real-life problems related to comparing quantities (e.g., discounts, interest).</li> <li>➤ To learn about simple interest and calculate it for given scenarios.</li> </ul>   |



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|          |   | <ul style="list-style-type: none"> <li>➤ What are rational numbers?</li> <li>➤ Positive and negative rational Numbers</li> <li>➤ rational numbers on a number Line</li> <li>➤ rational numbers in standard Form</li> <li>➤ Comparison of rational numbers rational numbers between two</li> <li>➤ Rational numbers operations on rational numbers</li> </ul> |  | <ul style="list-style-type: none"> <li>➤ To understand the concept of rational numbers and their properties.</li> <li>➤ To learn to represent rational numbers on a number line.</li> <li>➤ To perform arithmetic operations (addition, subtraction, multiplication, division) with rational numbers.</li> <li>➤ To understand the relationship between fractions and rational numbers.</li> </ul>                                   |
| December | <ul style="list-style-type: none"> <li>➤ Chapter 9: Perimeter and Area</li> </ul> | <ul style="list-style-type: none"> <li>➤ Area of parallelogram</li> <li>➤ Area of Triangle</li> <li>➤ Area of circle</li> </ul>  | <ul style="list-style-type: none"> <li>➤ To determine the area of a closed figure with the help of isometric dots</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the concept of perimeter and area for different geometrical shapes.</li> <li>➤ To learn to calculate the perimeter and area of rectangles, squares, and triangles.</li> <li>➤ To apply formulas to calculate areas of complex figures by decomposing them into simpler shapes.</li> <li>➤ To solve real-life problems involving the perimeter and area of objects.</li> </ul> |

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| January  | <ul style="list-style-type: none"> <li>➤ Chapter 10: Algebraic Expressions</li> <li>➤ Chapter 11: Exponents and Powers</li> </ul> | <ul style="list-style-type: none"> <li>➤ Introduction</li> <li>➤ How are expressions are formed?</li> <li>➤ Terms of expression</li> <li>➤ Like Term and unlike term</li> <li>➤ Monomial, Trinomials, Binomials and Polynomials</li> <li>➤ Finding the value of an expression</li> <li>➤ Introduction</li> <li>➤ Exponents</li> <li>➤ Laws of exponents</li> <li>➤ Decimal number system</li> <li>➤ Expressing large numbers in standard form</li> </ul> | <ul style="list-style-type: none"> <li>➤ To make patterns of different shapes using matchsticks</li> <li>➤ To express by paper folding</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the concept of algebraic expressions.</li> <li>➤ To learn how to simplify algebraic expressions using basic operations (addition, subtraction).</li> <li>➤ To understand the concept of terms, coefficients, and constants in algebraic expressions.</li> <li>➤ To apply algebraic expressions to solve word problems.</li> <li>➤ To Understand the concept of exponents and powers.</li> <li>➤ To learn the laws of exponents (multiplying and dividing powers, raising a power to another power).</li> <li>➤ To solve problems involving exponents in mathematical and real-life contexts.</li> <li>➤ To learn how to simplify expressions with exponents.</li> </ul> |
| February | ➤ REVISION  |  | ➤   | ➤ To perform well, retaining key information, applying it effectively in exam.   |

**SUBJECT- COMPUTER**

| MONTH  | TOPIC                           | SUBTOPIC   | ACTIVITY  | LEARNING OUTCOMES/SKILL DEVELOPMENT  |
|--------|---------------------------------|--|---|--|
| April  | ➤ Number System                 | ➤ Binary, Decimal, Octal, Hexadecimal systems. Conversion between number systems. Use of number systems in computing | ➤ Convert binary to decimal and vice versa<br>Quiz on number system conversions | ➤ Understand different number systems<br>➤ Perform inter-conversions<br>Recognize real-life uses of number systems |
| June   | ➤ GIMP Introduction             | ➤ Overview of GIMP interface<br>Basic tools and functions<br>Creating and saving a project                           | ➤ Open and edit an image using basic tools<br>➤ Create a simple graphic         | ➤ Understand GIMP interface and tools<br>- Learn basic image editing   |
| July   | ➤ GIMP - Working with Layers    | Concept of layers<br>Creating and organizing layers<br>Layer effects and blending                                    | Create a layered poster with text and images                                    | ➤ Understand and use layers effectively<br>- Create visually rich graphics   |
| August | ➤ Internet Ethics and Safeguard | ➤ Digital citizenship<br>Online privacy and safety   | ➤ Role play on ethical and unethical online behavior                            | ➤ Recognize ethical behavior online<br>➤ Learn to stay safe on the internet  |

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|           |                                 | Cyberbullying and netiquette   | ➤ Discussion on cyber safety tips                                  |  |
| September | ➤ HTML5 - Images, Links, Tables | ➤ Image insertion in HTML<br>➤ Creating hyperlinks<br>➤ Tables in HTML                                     | ➤ Create a webpage with images, navigation links, and a data table | ➤ Apply HTML tags to structure content<br>➤ Build informative and attractive web pages |
| October   | ➤ HTML5 - Forms and Multimedia  | ➤ Form elements: input, checkbox, radio, submit<br>- Embedding audio and video<br>- Attributes and styling | ➤ Design a registration form with multimedia elements              | ➤ Learn form creation in HTML<br>➤ Integrate multimedia for rich content               |
| November  | ➤ JavaScript - An Introduction  | ➤ Basics of JavaScript syntax<br>➤ Variables and data types<br>➤ Simple functions and output               | ➤ Write a script for greeting the user based on time of day        | ➤ Understand JavaScript basics<br>➤ Write interactive scripts for web pages            |
| December  | ➤ Python - Conditional          | ➤ if, elif, else statements  | ➤ Create a Python quiz program using conditions                    | ➤ Learn conditional programming  |

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|          | Control Structures   | <ul style="list-style-type: none"> <li>➤ Logical operators</li> <li>➤ Nested conditions</li> </ul>   |  | <ul style="list-style-type: none"> <li>➤ Develop logic-based solutions in Python</li> </ul>  |
| January  | <ul style="list-style-type: none"> <li>➤ AI for Sustainable Development Goals</li> </ul> | <ul style="list-style-type: none"> <li>➤ Introduction to SD</li> <li>➤ AI applications for environment, education, health</li> <li>➤ Case studies</li> </ul> | <ul style="list-style-type: none"> <li>➤ Group presentation on AI project for an SDG (e.g., AI for clean water)</li> </ul> | <ul style="list-style-type: none"> <li>➤ Understand how AI supports global goals</li> <li>➤ Develop awareness of responsible technology use</li> </ul> |
| February | Revision   |  |  |  |

### **SUBJECT-HINDI**

| <b>MONTH</b> | <b>TOPIC</b>  | <b>ACTIVITY</b>   | <b>LEARNING OUTCOMES/SKILL DEVELOPMENT</b>   |
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| April        | नई आशाएं<br>➤ पाठ 1 : हम पंछी उन्मुक्त गगन के<br>➤ पाठ 2 : हिमालय की बेटियां<br>व्याकरण | <ul style="list-style-type: none"> <li>➤ पक्षियों की स्वतंत्रता को दर्शाते हुए चित्रांकन</li> <li>➤ भारत का नक्शा बनाकर गंगा यमुना ब्रह्मपुत्र</li> </ul> | <ul style="list-style-type: none"> <li>➤ छात्र पशु – पक्षियों की स्वतंत्रता की भावना को समझने में सक्षम हो सकेंगे और इनके संरक्षण तथा संवर्धन के प्रति जिम्मेदार होंगे</li> <li>➤ हिमालय से निकलने वाली नदियों का मैदानी भागों में महत्व और उपयोगिता को समझने में सक्षम होंगे</li> </ul> |

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|        | <ul style="list-style-type: none"> <li>➤ पाठ 1 : भाषा, बोली, लिपि और व्याकरण</li> </ul>  | <p>नर्मदा और गोदावरी नदी को दर्शना</p>   | <ul style="list-style-type: none"> <li>➤ भाषा का उद्भव और विकास, हिंदी भाषा की उत्पत्ति और विकास क्रम, विभिन्न क्षेत्रों में बोली जाने वाली बोलियां और लिपियों से परिचित हो सकेंगे साथ ही व्याकरण के महत्व को समझ सकने में सक्षम होना</li> </ul>   |
| June   | <p>नई आशाएं</p> <ul style="list-style-type: none"> <li>➤ पाठ 3 : कठपुतली</li> </ul>  | <ul style="list-style-type: none"> <li>➤ कठपुतली नृत्य का वीडियो दिखाना</li> </ul>   | <ul style="list-style-type: none"> <li>➤ कठपुतली कविता के माध्यम से स्त्रियों की सामाजिक स्वतंत्रता की समीक्षा तथा महत्व को समझने के सामर्थ्य का विकास</li> <li>➤ ध्वनियों का उच्चारण स्थान, भेद, उत्पत्ति, सघोष और अघोष, अल्पप्राण तथा महाप्राण में भेद निरूपित करने की क्षमता का विकास</li> </ul>  |
| July   | <p>नई आशाएं</p> <ul style="list-style-type: none"> <li>➤ पाठ 4 : मिठाईवाला</li> <li>➤ पाठ 5 : पापा खो गए</li> <li>➤ पाठ 6 : शाम एक किसान व्याकरण</li> <li>➤ पाठ 2 : वर्ण विचार</li> </ul>                        | <ul style="list-style-type: none"> <li>➤ फेरीवालों के जीवन पर आधारित अनुच्छेद लेखन</li> <li>➤ पापा खो गए पाठ का नाट्य अभिनय कराना</li> </ul>   | <ul style="list-style-type: none"> <li>➤ फेरीवालों की अजनबी आवाज तथा उनकी दिनचर्या, उनके परिवार, उनकी जिंदगी, जीवन की समस्याएं और उतार-चढ़ाव से परिचित होना</li> <li>➤ नाटक के माध्यम से बाल अपहरण की घटनाओं की तरफ ध्यानाकर्षण और बाल सुलभ स्वभाव को समझने का सामर्थ्य विकसित होना</li> <li>➤ ढलते दिन के समय का प्राकृतिक सौंदर्य बोध तथा ग्रामीण और कृषक जीवन के प्रति लगाव का भाव विकसित होना</li> <li>➤ ध्वनियों का उच्चारण स्थान, भेद, उत्पत्ति, सघोष और अघोष, अल्पप्राण तथा महाप्राण में भेद निरूपित करने की क्षमता का विकास</li> </ul> |
| August | <p>नई आशाएं</p> <ul style="list-style-type: none"> <li>➤ पाठ 7 : अपूर्व अनुभव</li> <li>➤ पाठ 8 : रहीम के दोहे व्याकरण</li> <li>➤ पाठ 5 : शब्द भंडार</li> <li>➤ एकार्थी शब्द</li> <li>➤ अनेकार्थी शब्द</li> </ul> | <ul style="list-style-type: none"> <li>➤ रहीम दास और कबीर दास के बारे में 10-10 वाक्य लिखना</li> <li>➤ शब्दकोश वृद्धि के लिए 50 प्रश्नों के बहुविकल्पीय सेट से अभ्यास कराना</li> </ul> | <ul style="list-style-type: none"> <li>➤ विश्व प्रसिद्ध साहित्य तोत्तो चान की लघुकथा के माध्यम से लेखिका के बचपन की कहानी छात्रों में सहयोग की भावना का संचार करेगी</li> <li>➤ रहीम दास के दोहों के माध्यम से नीतिगत मूल्यों का विकास संभव हो सकेगा</li> <li>➤ शब्द भंडार के माध्यम से समान अर्थ वाले शब्द, अनेक अर्थ देने वाले शब्द, विपरीत अर्थ देने वाले शब्द, एक वाक्य के लिए एक शब्द का निरूपण आदि कर सकने की और उनके वाक्य प्रयोग करने की क्षमता का विकास</li> </ul>   |

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|           | <ul style="list-style-type: none"> <li>➤ पर्यायवाची शब्द</li> <li>➤ विलोम शब्द</li> <li>➤ अनेक शब्द के लिए एक शब्द</li> <li>➤ समश्रुत भिन्नार्थक शब्द</li> </ul>   |   |  |
| September | <p>नई आशाएं</p> <ul style="list-style-type: none"> <li>➤ पाठ 9 : एक तिनका व्याकरण</li> <li>➤ पाठ 6 : शब्द रचना उपसर्ग</li> <li>➤ प्रत्यय</li> <li>➤ समास</li> </ul>  | <ul style="list-style-type: none"> <li>➤ घमंड न करने की सीख देती हुई कोई अन्य कहानी का लेखन</li> <li>➤ समास कविता गायन कराना और याद कराना</li> </ul>  | <ul style="list-style-type: none"> <li>➤ छोटे बड़े की कलुषित भावना को दूर करने की क्षमता का विकास</li> <li>➤ शब्द रचना में उपसर्ग प्रत्यय लगाकर नए शब्दों का निर्माण और उनका अर्थ बोध तथा समास के माध्यम से शब्द को संक्षिप्त करने की कला का विकास और लेखन में उत्कृष्टता का भाव निरूपण</li> </ul>   |
| October   | <p>नई आशाएं</p> <ul style="list-style-type: none"> <li>➤ पाठ 10 : खान पान की बदलती तस्वीर</li> <li>➤ पाठ 12 : भोर और बरखा व्याकरण</li> <li>➤ पाठ 7 : संज्ञा</li> <li>➤ पाठ 8 : संज्ञा के विकारी तत्व</li> <li>➤ लिंग</li> <li>➤ वचन</li> </ul> | <ul style="list-style-type: none"> <li>➤ विभिन्न प्रांतों के प्रमुख खानपान को सूचीबद्ध करना (कोई १० प्रदेश )</li> <li>➤ शब्दकोश और व्याकरण जान परीक्षण पर आधारित 50 बहुविकल्पीय प्रश्नों का सेट अभ्यास कार्य</li> </ul> | <ul style="list-style-type: none"> <li>➤ दैनिक जीवन में खानपान के महत्व और खानपान की संस्कृतियों को तथा खानपान से होने वाले सुप्रभाव और दुष्प्रभाव को समझ सकने में सक्षम होना</li> <li>➤ मीराबाई के पदों के माध्यम से कृष्ण भक्ति शाखा की संस्कृति की समझ का विकास</li> <li>➤ संज्ञा शब्दों व्याकरणिक प्रयोग करने की क्षमता का विकास</li> <li>➤ स्त्रीलिंग पुलिंग शब्दों में भेद का निरूपण, एकवचन बहुवचन शब्द के बीच अंतर तथा कारक चिन्ह (परसर्ग) को समझने और वाक्यों में उचित प्रयोग करने की क्षमता का विकास</li> </ul> |

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|          | ➤ कारक   |   |  |
| November | <p>नई आशाएं</p> <p>➤ पाठ 13 : वीर कुंवर सिंह</p> <p>➤ पाठ 14 : संघर्ष के कारण मैं तुनक मिजाज हो गया : धनराज</p> <p>व्याकरण</p> <p>➤ पाठ 9 : सर्वनाम</p> <p>➤ पाठ 10 : विशेषण</p> | <p>➤ भारत में हॉकी के गौरवशाली इतिहास पर 200 शब्दों का निबंध लेखन</p>                     | <p>➤ प्रथम स्वतंत्रता संग्राम के महानायक में से एक वीर कुंवर सिंह की कहानी को पढ़कर स्वतंत्रता और देश के प्रति समर्पण की भावना का विकास</p> <p>➤ महान हॉकी खिलाड़ी धनराज पिल्लई की जीवनी से परिचित होना तथा कठोर संघर्ष में भी हिम्मत से काम करने की प्रेरणा ग्रहण करना</p> <p>➤ सर्वनाम की परिभाषा, इसके भेद तथा सर्वनामिक शब्दों का व्याकरणिक रूप से उचित प्रयोग करने की क्षमता का विकास</p> <p>➤ विशेषण की परिभाषा, भेद तथा विशेषण शब्दों का व्याकरणिक प्रयोग करने की क्षमता का विकास</p> |
| December | <p>नई आशाएं</p> <p>➤ पाठ 15 : आश्रम का अनुमानित व्यय</p> <p>➤ व्याकरण</p> <p>➤ पाठ 11 : क्रिया और काल</p>  | <p>➤ महात्मा गांधी के प्रमुख 2 आंदोलनों (असहयोग आंदोलन और सविनय अवज्ञा आंदोलन) पर लेख</p> | <p>➤ आजादी के दिनों में महात्मा गांधी के जीवन के संघर्ष की गाथा का वर्णन जिसे पढ़कर बच्चे राष्ट्र की मजबूत नींव बनने की ओर अग्रसर होंगे</p> <p>➤ क्रिया की परिभाषा, रूप व्याकरणिक तथा वाक्य में काल के अनुसार उचित प्रयोग करने की क्षमता का विकास</p> <p>➤ क्रिया के सकर्मक और अकर्मक रूप की समझ तथा भूत काल, वर्तमान काल, भविष्य काल में उचित प्रयोग करने की समझ का विकास</p>   |
| January  | <p>व्याकरण</p> <p>➤ पाठ 13 : अविकारी शब्द</p> <p>➤ पाठ 15 : वाक्य</p> <p>➤ पाठ 16 : वर्तनी एवं वाक्य रचना की अशुद्धियां</p>  | <p>➤ 50 बहुविकल्पीय प्रश्नों का सेट अभ्यास</p>  | <p>➤ अविकारी शब्दों के माध्यम से क्रिया विशेषण, संबंध बोधक, समुच्चयबोधक, विस्मयादिबोधक एवं निपात आदि शब्दों की पहचान होना तथा व्याकरणिक रूप से इनके शुद्ध प्रयोग कर सकने की क्षमता का विकास</p> <p>➤ शब्दों के समुचित प्रयोग से वाक्य निर्माण तथा वाक्य की परिभाषा और वाक्य भेद की समझ का विकास</p> <p>➤ वर्तनी की अशुद्धियों को दूर करने की क्षमता का विकास</p>   |



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|          | ➤ पाठ 17 : विराम चिह्न  |  | ➤ विराम चिह्नों के माध्यम से वाक्य या वाक्यांश के भाव तथा त्रुटिरहित व्याकरणिक प्रयोग की क्षमता का विकास  |
| February | <p>व्याकरण</p> <p>➤ पाठ 18 : मुहावरे और लोकोक्तियां</p> <p>➤ पाठ 19 : मौखिक अभिव्यक्ति पाठ 20 : लिखित अभिव्यक्ति संवाद लेखन</p> <p>➤ चित्र लेखन</p> <p>➤ अनुच्छेद लेखन</p> <p>➤ पत्र लेखन</p> <p>➤ कहानी लेखन</p> <p>➤ नारा लेखन</p> <p>➤ पाठ 21 : अपठित बोध (गद्य और पद्य)</p> | <p>➤ लेखन अभिव्यक्ति के लिए 4-4 उदाहरणों का अभ्यास</p> | <p>➤ मुहावरों और लोकोक्तियों का भाव बोध तथा वाक्य प्रयोग की क्षमता का विकास</p> <p>➤ मौखिक अभिव्यक्ति के माध्यम से बच्चे में किसी भी बात को दृढ़ता पूर्वक और सुनियोजित ढंग से किसी के समक्ष रखने की क्षमता का विकास</p> <p>➤ लिखित अभिव्यक्ति में संवाद लेखन चित्र कथा लेखन अनुच्छेद लेखन औपचारिक अथवा अनौपचारिक पत्र लेखन नारा लेखन आदि कर सकने की क्षमता का विकास</p> <p>➤ अपठित गद्य अथवा पद्य को पढ़कर पूछे गए प्रश्नों के उत्तर दे सकने की क्षमता का विकास</p> |

### SUBJECT- GK

| MONTH | TOPICS                           | SUGGESTED ACTIVITIES | LEARNING OUTCOMES / SKILL DEVELOPMENT |
|-------|----------------------------------|----------------------|---------------------------------------|
| April | ➤ World Continents and Countries | ➤ Map quiz           | ➤ Improved world geography            |

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| June      | ➤ Indian Freedom Fighters            | ➤ Poster making                         | ➤ Patriotic values and history                         |
| July      | ➤ Environmental Champions            | ➤ Design an eco-poster                  | ➤ Awareness of environmental protection                |
| August    | ➤ Famous Monuments of the World      | ➤ Slideshow presentation                | ➤ Architectural and historical understanding           |
| September | ➤ Branches of Technology             | ➤ Tech tree chart                       | ➤ Awareness of evolving technologies                   |
| October   | ➤ Important Rivers and Dams in India | ➤ River tracing activity on map         | ➤ Understanding of water geography                     |
| November  | ➤ World Organizations (UN, WHO)      | ➤ Flag/logo identification              | ➤ Awareness of global collaboration                    |
| December  | ➤ Famous Indian Personalities        | ➤ Guess who game                        | ➤ Knowledge of contemporary leaders                    |
| January   | ➤ Space and Satellites               | ➤ Model of solar system or ISRO rockets | ➤ Awareness of astronomy and Indian space achievements |

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| February | ➤ News and Events Recap | ➤ Monthly bulletin board update | ➤ Stay informed and analyze current issues |
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### **SUBJECT - SANSKRIT**

| MONTH       | TOPIC  | Activity  | LEARNING OUTCOMES/SKILL DEVELOPMENT  |
|-------------|--|---|--|
| April       | <p>मंगलम्</p> <p>➤ प्रथमः पाठः सुभाषितानि</p> <p>➤ वर्णविचार</p> <p>➤ शब्द रूप</p> <p>➤ धातु रूप</p> | <p>➤ मंगलम्, सुभाषितानि – छात्रों से श्लोक का उच्चारण कराना व अर्थ समझाना।</p> <p>➤ वर्णविचार – स्वर और व्यंजन की पहचान कराना व चार्ट बनवाना।</p> <p>➤ शब्द रूप, धातु रूप – सरल शब्दों व धातुओं का अभ्यास गायन या खेल के माध्यम से कराना।</p> | <p>➤ विद्यार्थी संस्कृत में शुभ भावों, नैतिक मूल्यों और सुभाषितों का अर्थ समझ सकेंगे।</p> <p>➤ वर्णों की पहचान, उच्चारण व वर्गीकरण की समझ विकसित होगी।</p> <p>➤ शब्दरूप और धातुरूप के माध्यम से व्याकरणिक ज्ञान और वाक्य निर्माण कौशल बढ़ेगा।</p> <p>➤ पठन, लेखन, स्मरण व नैतिक चिंतन जैसी भाषाई व बौद्धिक क्षमताओं का विकास होगा।</p> |
| June - July | <p>द्वितीयः पाठः</p> <p>➤ दुर्बुद्धिः विनश्यति</p> <p>➤ कराकम्</p>                                   | <p>➤ दुर्बुद्धिः विनश्यति पर आधारित बच्चों को एक उदाहरण के साथ समझाना।</p>  | <p>➤ विद्यार्थी नीति कथाओं के माध्यम से सत्बुद्धि और दुर्बुद्धि का महत्व समझ सकेंगे।</p> <p>➤ 'करक'ों के माध्यम से वाक्य में शब्दों की भूमिका को पहचानना सीखेंगे।</p>  |

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|        | <ul style="list-style-type: none"> <li>➤ शब्द रूप</li> <li>➤ धातु रूप</li> </ul>   | <ul style="list-style-type: none"> <li>➤ कराकम् – बच्चों से विभिन्न क्रियाओं के कर्ता-पद का अभ्यास कराना।</li> <li>➤ शब्द रूप, धातु रूप – सरल शब्दों और धातुओं के रूपों का अभ्यास कक्षा में खेलों के माध्यम से कराना।</li> </ul>                      | <ul style="list-style-type: none"> <li>➤ शब्दरूप और धातुरूप के अभ्यास से संस्कृत व्याकरण की मजबूत नींव बनेगी।</li> <li>➤ नैतिक सोच, व्याकरणिक स्पष्टता, पठन और लेखन कौशल में सुधार होगा।</li> </ul>  |
| August | <p>तृतीय:पाठः<br/>स्वावलंबनम्<br/>चतुर्थः पाठः<br/>पण्डिता<br/>रमाबाई</p> <ul style="list-style-type: none"> <li>➤ शब्द रूप</li> <li>➤ धातु रूप</li> </ul> | <ul style="list-style-type: none"> <li>➤ स्वावलंबनम् – बच्चों को स्वावलंबन का महत्व समझाने के लिए छोटे उदाहरण और कहानी सुनाना।</li> <li>➤ पण्डिता रमाबाई – पण्डिता रमाबाई के जीवन से प्रेरणा लेते हुए उनकी कुछ उपलब्धियाँ बच्चों को बताना।</li> </ul> | <ul style="list-style-type: none"> <li>➤ विद्यार्थी स्वावलंबन (आत्मनिर्भरता) का महत्व और पण्डिता रमाबाई के प्रेरणादायक जीवन से प्रेरणा ले सकेंगे।</li> <li>➤ संस्कृत में शब्दरूपों और धातुरूपों के माध्यम से वाक्य रचना का अभ्यास करेंगे।</li> <li>➤ नारी शिक्षा, आत्मबल और समाजसेवा जैसे मूल्यों की समझ विकसित होगी।</li> <li>➤ भाषा कौशल के साथ-साथ नैतिक और सामाजिक चेतना का विकास होगा।</li> </ul> |

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|           |   | <ul style="list-style-type: none"> <li>➤ शब्द रूप, धातु रूप – बच्चों को शब्द रूप और धातु रूप के विभिन्न उदाहरण देकर उनका अभ्यास कराना।</li> </ul>  |  |
| September | <p>पंचमः पाठः</p> <ul style="list-style-type: none"> <li>➤ सदाचारः</li> </ul> <p>षष्ठः पाठः</p> <ul style="list-style-type: none"> <li>➤ सङ्कल्पःसिद्धिदायकः</li> </ul> <p>1. शब्द रूप</p> <p>2. धातु रूप</p> | <ul style="list-style-type: none"> <li>➤ सदाचारःबच्चों को अच्छे आचरण और व्यवहार के महत्व को समझाते हुए उदाहरण देना।</li> <li>➤ सङ्कल्पः सिद्धिदायकः – संकल्प के महत्व को समझाते हुए बच्चों से अपने संकल्प के बारे में बातचीत कराना।</li> <li>➤ शब्द रूप, धातु रूप – बच्चों को शब्द रूप और धातु रूप के उदाहरण देकर अभ्यास कराना।</li> </ul> | <ul style="list-style-type: none"> <li>➤ विद्यार्थी सदाचार (अच्छे आचरण) और दृढ़ संकल्प के महत्व को समझ सकेंगे।</li> <li>➤ शब्दरूप व धातुरूप के माध्यम से संस्कृत में सही वाक्य रचना का अभ्यास करेंगे।</li> <li>➤ नैतिकता, अनुशासन और आत्मविश्वास जैसे जीवन-मूल्यों की समझ बढ़ेगी।</li> <li>➤ पठन, लेखन, व्याकरण और चिंतन कौशल का समग्र विकास होगा</li> </ul> |

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| October  | <p>सप्तमः पाठः</p> <ul style="list-style-type: none"> <li>➤ त्रिवर्णः ध्वजः</li> </ul> <p>अष्टमः पाठः</p> <ul style="list-style-type: none"> <li>➤ अहमपि विद्यालयं गमिष्यामि</li> <li>➤ संस्कृत में वाक्य प्रयोग</li> </ul> | <ul style="list-style-type: none"> <li>➤ त्रिवर्णः ध्वजः – बच्चों को तिरंगे के महत्व के बारे में बताना और तिरंगे के रंगों से संबंधित वाक्य प्रयोग करना।</li> <li>➤ अहमपि विद्यालयं गमिष्यामि – बच्चों से "मैं भी विद्यालय जाऊँगा" जैसे वाक्य बनाने को कहना और उनका अभ्यास कराना।</li> <li>➤ संस्कृत में वाक्य प्रयोग – बच्चों से रोज़मर्रा के जीवन के सरल संस्कृत वाक्य बनाने के लिए कहना।</li> </ul> | <ul style="list-style-type: none"> <li>➤ विद्यार्थी देशप्रेम और नियमितता जैसे मूल्यों को संस्कृत वाक्यों के माध्यम से सीखेंगे।</li> <li>➤ भविष्यत् काल और विशेषणों का प्रयोग करना सीखेंगे।</li> <li>➤ पठन, लेखन और संस्कृत में भाव अभिव्यक्ति की क्षमता विकसित होगी।</li> </ul> |
| November | <p>नवमः पाठः</p> <ul style="list-style-type: none"> <li>➤ विश्वबन्धुत्वम्</li> <li>➤ अव्यय</li> </ul>   | <ul style="list-style-type: none"> <li>➤ विश्वबन्धुत्वम् – बच्चों को विश्व बंधुत्व के महत्व के बारे में समझाना और इसे संबंधित एक वाक्य बनाने के लिए प्रेरित करना।</li> </ul>  | <ul style="list-style-type: none"> <li>➤ विद्यार्थी 'विश्व एक परिवार है' की भावना को समझकर समरसता का भाव विकसित करेंगे।</li> <li>➤ संस्कृत अव्ययों (जैसे – अपि, एव, हि आदि) का सही प्रयोग सीखेंगे।</li> </ul>   |

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|          |  | <ul style="list-style-type: none"> <li>➤ अव्यय – बच्चों को संस्कृत के अव्यय शब्दों (जैसे "न", "च", "किं", "तथा") का परिचय कराना और उनका प्रयोग वाक्य में कराना।</li> </ul>  | <ul style="list-style-type: none"> <li>➤ भाषिक कौशल, भाव-प्रकाशन और व्याकरणिक समझ में वृद्धि होगी।</li> </ul>  |
| December | <p>दशमः पाठः</p> <ul style="list-style-type: none"> <li>➤ समवायो हि दुर्जयः</li> </ul> <p>एकादशः पाठः</p> <ul style="list-style-type: none"> <li>➤ विद्याधनम्</li> </ul>   | <ul style="list-style-type: none"> <li>➤ समवायो हि दुर्जयः – बच्चों को यह समझाना कि एकता से हम किसी भी कठिनाई को पार कर सकते हैं, और इसका उदाहरण देकर वाक्य बनवाना।</li> <li>➤ विद्याधनम् – बच्चों को यह समझाना कि ज्ञान सबसे बड़ा धन है, और इस विषय पर एक प्रेरक वाक्य का निर्माण करना।</li> </ul> | <ul style="list-style-type: none"> <li>➤ विद्यार्थी एकता की शक्ति और ज्ञान के महत्व को समझ सकेंगे।</li> <li>➤ 'हि', 'दुर्जयः', 'विद्याधनम्' जैसे शब्दों के माध्यम से संस्कृत में अभिव्यक्ति कौशल विकसित करेंगे।</li> <li>➤ नैतिक शिक्षा</li> </ul> |
| January  | <p>द्वादशः पाठः</p> <ul style="list-style-type: none"> <li>➤ अमृतं संस्कृतम्</li> </ul> <p>त्रयोदशः पाठः</p> <ul style="list-style-type: none"> <li>➤ लालनगीतम्</li> </ul> | <ul style="list-style-type: none"> <li>➤ अमृतं संस्कृतम् – बच्चों को संस्कृत भाषा के महत्व और उसकी मिठास के बारे में</li> </ul>   | <ul style="list-style-type: none"> <li>➤ विद्यार्थी संस्कृत भाषा की मधुरता और सांस्कृतिक महत्व को पहचान सकेंगे।</li> <li>➤ लालनगीतम् के माध्यम से सरल संस्कृत गीतों का उच्चारण व गायन सीखेंगे।</li> </ul>  |

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|          |                               | <p>समझाना, और इसे लेकर एक प्रेरणादायक वाक्य बनवाना।</p> <p>➤ लालनगीतम् – बच्चों से संस्कृत में लालन गीत (पालक के द्वारा गाया जाने वाला गीत) गवाना या उसका अभ्यास कराना।</p>  | <p>➤ भाषा के प्रति रुचि, स्मरण शक्ति और सांस्कृतिक संवेदना का विकास होगा।</p>  |
| February | <p>➤ परीक्षा पूर्व अभ्यास</p> | <p>➤ परीक्षा पूर्व अभ्यास – बच्चों से पूरे वर्ष के पाठों से संबंधित शब्द रूप, धातु रूप, श्लोक, और वाक्य प्रयोग का मौखिक व लेखन अभ्यास कराना।</p> <p>➤ साथ ही, मॉडल प्रश्नों के माध्यम से पुनरावृत्ति कराना और क्विज़ या खेल के रूप में अभ्यास कराना।</p> | <p>➤ विद्यार्थी अभ्यास के महत्व को समझकर आत्मनिर्भरता विकसित करेंगे।</p> <p>➤ संस्कृत में प्रश्नों को पढ़कर उत्तर देने की क्षमता बढ़ेगी।</p> <p>➤ व्याकरण, शब्द ज्ञान और लेखन कौशल में सुधार होगा।</p> <p>➤ समय प्रबंधन और आत्मविश्वास जैसे कौशलों का भी विकास होगा।</p> |

### SUBJECT- ART & CRAFT

| MONTH | TOPIC |  | LEARNING OUTCOMES/SKILL DEVELOPMENT |
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| April | <ul style="list-style-type: none"> <li>➤ Basic Elements of Art</li> <li>➤ Colour Theory</li> </ul> | <ul style="list-style-type: none"> <li>➤ Drawing of colour wheel using primary colour ,secondary colour and tertiary colour</li> <li>➤ Patterns drawing using bottle caps , pencil colour</li> </ul> | <ul style="list-style-type: none"> <li>➤ To use the elements of art to create balanced, visually engaging, and meaningful artworks.</li> <li>➤ To convey ideas, emotions, and messages through their artwork.</li> <li>➤ To Learn and use the academic vocabulary of color, including terms like hue, saturation, value, and color schemes. To Investigate the workings of the human eye and brain in perceiving color, and understand the physiological and psychological aspects of color.</li> </ul>   |
| June  | <ul style="list-style-type: none"> <li>➤ Colour Mixing</li> <li>➤ Plant Decoration</li> </ul>      | <ul style="list-style-type: none"> <li>➤ Draw a composition using basic elements of art</li> <li>➤ Decorative items pasting</li> <li>➤ Warli art on plant</li> </ul>                                 | <ul style="list-style-type: none"> <li>➤ Master the basics of color mixing, including identifying primary, secondary, and tertiary colors, and understanding how to create a wide range of colors.</li> <li>➤ Explore different color systems like the color wheel and understand how colors are classified and organized.</li> <li>➤ Decorating with plants allows for creative expression and the development of unique designs.</li> <li>➤ Students may need to problem-solve when facing challenges during the decoration process, such as</li> </ul> |

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|        |  |  | finding the right materials or arranging plants effectively.  |
| July   | ➤ Rakhi Making                                   | ➤ Decorative items pasting<br>➤ Moli folding , cutting, brushing to make rakhi using moli or colour thread | ➤ Rakhi making encourages participants to express themselves creatively through designing, decorating, and crafting.<br>➤ Learning about the traditions, customs, and significance of Raksha Bandhan fosters a deeper understanding and appreciation of cultural heritage.  |
| August | ➤ Janmashtmi Drawing<br>➤ Independence Day Craft | ➤ Mukut decoration using colour paper and stones<br>➤ Indian flag drawing using Grains and pulses          | ➤ To encourage a sense of unity and community spirit. Students learn the value of working together, supporting one another, and building strong, inclusive relationships within their community.<br>➤ Students will be able to identify key events and figures related to their country's independence movement. To practice and improve their fine motor skills through cutting, gluing, and other craft techniques.<br>➤ To recognize and understand the significance of national symbols (flag, anthem, etc.). |

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| September | <ul style="list-style-type: none"> <li>➤ Clay Work</li> </ul>                            | <ul style="list-style-type: none"> <li>➤ Ganesh making and decoration using clay</li> </ul>                                  | <ul style="list-style-type: none"> <li>➤ Manipulating clay, such as rolling, pinching, and shaping, strengthens small hand and finger muscles, improving dexterity and fine motor skills.</li> <li>➤ To enhance hand-eye coordination. Clay's open-ended nature allows for endless possibilities, encouraging imagination and creative expression.</li> </ul>   |
| October   | <ul style="list-style-type: none"> <li>➤ Card-Making</li> <li>➤ Flower Making</li> </ul> | <ul style="list-style-type: none"> <li>➤ Warli art on plant &amp; pot</li> <li>➤ Decorative items pasting</li> </ul>         | <ul style="list-style-type: none"> <li>➤ The class will cover a range of techniques, including stamping, embossing, die-cutting, layering, and embellishment.</li> <li>➤ To create unique and personalized cards for various occasions, expressing creativity and heartfelt sentiments. To learn about different card folds and structures, such as pop-up cards and unique shapes.</li> <li>➤ To improve their Gross and fine motor skills and hand and eye coordination.</li> </ul> |
| November  | <ul style="list-style-type: none"> <li>➤ Warli art</li> <li>➤ Pot Decoration</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Card making using colour paper</li> <li>➤ Flower making using foam sheet</li> </ul> | <ul style="list-style-type: none"> <li>➤ Students will learn to recognize and utilize basic geometric shapes (triangles, circles, lines, squares) as fundamental building blocks for Warli art.</li> <li>➤ Pottery painting involves delicate brushwork and attention to detail, refining fine motor skills and hand-eye coordination. Creating something from</li> </ul>   |

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|          |   |  | scratch and seeing a finished product can boost self-esteem and confidence in one's abilities.   |
| December | ➤ Paintings                               | Spray colour using brush and one object like crayons and stones                                  | ➤ An understanding of basic principles of design and color, concepts, media and formats, and the ability to apply them to a specific aesthetic intent. This includes functional knowledge of the traditions, conventions, and evolutions of the discipline as related to issues of representation, illusion, and meaning.  |
| January  | ➤ Poster-Making<br>➤ Paper Bag Decoration | ➤ Big size paper bag making using chart paper and colour rope<br><br>➤ Poster drawing on deewali | ➤ To learn skills such as gluing, sticking, taping, stapling, cutting, and tearing. Learners analyze information and identify key messages to convey effectively. They brainstorm ideas, overcome design challenges, and find solutions to create impactful posters.<br><br>➤ Students will be able to design and create paper bags of various sizes and styles, understanding different techniques and materials.<br><br>➤ Students will develop skills in accurately cutting, marking, creasing, and folding paper for bag production, minimizing waste. |

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| February | <ul style="list-style-type: none"> <li>➤ Envelop Making</li> <li>➤ Paper Quilling Art</li> </ul> | <ul style="list-style-type: none"> <li>➤ Envelop drawing using old wedding card , invitation card</li> <li>➤ Flower making with quilling strips</li> </ul> | <ul style="list-style-type: none"> <li>➤ To develop fine motor skills, creativity, and an understanding of basic shapes and designs, while also potentially improving focus and memory.</li> <li>➤ To enhance the ability to fold, glue, and secure paper to create a functional envelope, as well as understanding different envelope types and their uses.</li> </ul> |
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### **SUBJECT - MUSIC**

| <b>MONTH</b> | <b>TOPIC</b>   | <b>Activity /Practical</b>  | <b>LEARNING OUTCOMES/SKILL DEVELOPMENT</b>   |
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| April        | <ul style="list-style-type: none"> <li>➤ Alankaar 1-10</li> <li>➤ Prayers With Notation</li> <li>➤ Plata 1-10</li> </ul> | <ul style="list-style-type: none"> <li>➤ Practice Shuddha Swaras (Sa–Ni)</li> <li>➤ Singing Sa–Sa (one octave)</li> <li>➤ Practice Sa Re Ga Ma... on harmonium, keyboard,</li> <li>➤ Identify and play notes correctly</li> </ul> | <ul style="list-style-type: none"> <li>➤ To improve the vocal practice</li> <li>➤ To understand the relevance of prayer</li> <li>➤ To understand musical notes, and Alankars (saresa, regare)</li> </ul> |
| June         | <ul style="list-style-type: none"> <li>➤ Revision of Alankaar and palta</li> <li>➤ Revision of Notation</li> </ul>       | <ul style="list-style-type: none"> <li>➤ Sing 2–3 simple alankars (e.g., Sa Re Ga, Ga Ma Pa, etc.)</li> </ul>   | <ul style="list-style-type: none"> <li>➤ To improve the vocal practice</li> <li>➤ To understand the relevance of prayer</li> <li>➤ To understand musical notes, and Alankars</li> </ul>                  |

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|        |  | <ul style="list-style-type: none"> <li>➤ Focus on clarity, breath control, and rhythm</li> <li>➤ Play 2–3 simple alankars on instrument with accuracy</li> <li>➤ Use metronome or taal app to maintain rhythm</li> </ul>  |  |
| July   | <ul style="list-style-type: none"> <li>➤ Lesson for Musical keyboard and guitar - Finger practice</li> </ul> | <ul style="list-style-type: none"> <li>➤ Sing 2–3 simple alankars (e.g., Sa Re Ga, Ga Ma Pa, etc.)</li> <li>➤ Focus on clarity, breath control, and rhythm</li> <li>➤ Play 2–3 simple alankars on instrument with accuracy</li> <li>➤ Use metronome or taal app to maintain rhythm</li> </ul> | <ul style="list-style-type: none"> <li>➤ To improve keyboard practice</li> <li>➤ To understand playing technique of instruments</li> </ul>   |
| August | <ul style="list-style-type: none"> <li>➤ Preparation of 15th August</li> <li>➤ Independence Day</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Practice patriotic and group song and perform to school events</li> </ul>  | <ul style="list-style-type: none"> <li>➤ To learn about the culture of our country</li> <li>➤ To know about the importance of our freedom</li> <li>➤ To understand playing technique of instruments</li> </ul> |

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|           | <ul style="list-style-type: none"> <li>➤ Guitar, keyboard and percussion</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Develop listening and coordination skills</li> <li>➤ Play Aroha, Avaroha, Pakad, and a simple tune</li> <li>➤ Develop confidence in fingering and melody structure</li> </ul>   |  |
| September | <ul style="list-style-type: none"> <li>➤ Raga kafi</li> <li>➤ Sargam geet</li> <li>➤ Bandish</li> <li>➤ Teen Taal</li> </ul> | <ul style="list-style-type: none"> <li>➤ Play Aroha, Avaroha, Pakad, and a simple tune</li> <li>➤ Develop confidence in fingering and melody structure</li> <li>➤ Practice basic theka of Teentaal or Keharwa</li> <li>➤ Keep tempo steady, understand Tali/Khali</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand Indian classical music</li> <li>➤ To learn Indian notation system</li> <li>➤ To learn poetry and composition</li> <li>➤ To learn Taal system</li> </ul> |
| October   | <ul style="list-style-type: none"> <li>➤ Raga kafi</li> <li>➤ Sargam geet</li> <li>➤ Bandish</li> <li>➤ Teen Taal</li> </ul> | <ul style="list-style-type: none"> <li>➤ Play Aroha, Avaroha, Pakad, and a simple tune</li> <li>➤ Develop confidence in fingering and melody structure</li> </ul>  | <ul style="list-style-type: none"> <li>➤ To understand Indian classical music</li> <li>➤ To learn Indian notation system</li> <li>➤ To learn poetry and composition</li> <li>➤ To learn Taal system</li> </ul> |

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|          |  | <ul style="list-style-type: none"> <li>➤ Practice basic theka of Teentaal or Keharwa</li> <li>➤ Keep tempo steady, understand Tali/Khali</li> </ul>  |  |
| November | ➤ Preparation of Annual Function   | ➤ Perform on stage   | ➤ To able to express physical activity, expression, social interaction and cultural participation  |
| December | ➤ Christmas celebrations and carol singing   | <ul style="list-style-type: none"> <li>➤ Group song practice</li> <li>➤ And perform in school program</li> </ul>   | ➤ To introduced Christmas celebration by Christmas songs, learn a Christmas carol, read a story about Santa  |
| January  | ➤ Preparation for Republic Day of India  | ➤ Group patriotic song and singles performance in school program   | <ul style="list-style-type: none"> <li>➤ To promote patriotism among children</li> <li>➤ To promote the knowledge of Indian Constitution</li> </ul>  |
| February | <ul style="list-style-type: none"> <li>➤ Raga bhupali</li> <li>➤ Dhrupad</li> <li>➤ History of Indian Music</li> <li>➤ Music theory</li> </ul> | <ul style="list-style-type: none"> <li>➤ Play Aroha, Avaroha, Pakad, and a simple tune</li> <li>➤ Develop confidence in fingering and melody structure</li> <li>➤ Practice basic theka of Teentaal or Keharwa</li> </ul> | <ul style="list-style-type: none"> <li>➤ To gain knowledge about a different genre in Hindustani music other than khayal</li> <li>➤ To develop an ability to sing basic compositions in the Dhrupad form</li> <li>➤ To develop ability to critically analyze theoretical aspects in music</li> </ul> |



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|  |  | Keep tempo steady,<br>understand Tali/Khali |  |
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### **SUBJECT-DANCE**

| <b><u>MONTH</u></b> | <b><u>TOPIC</u></b>   | <b><u>Activity</u></b>   | <b><u>LEARNING OUTCOMES/SKILL DEVELOPMENT</u></b>   |
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| ➤ April             | ➤ Revise of<br>namaskaar,tatkaar,<br>toda,hastak,tihaai<br>padant of<br>toda,tihaai | ➤ Namaskaar<br>(नमस्कार)<br>➤ Respectful<br>salutation to<br>begin Kathak.<br>➤ Bowing with<br>gestures to the<br>stage (Brahma),<br>guru, and<br>audience.<br>➤ Tatkaar (तत्कार)<br>➤ Basic Kathak<br>footwork. | ➤ Coordination and team work will be improved &<br>children will know about classical dance, spiritual<br>growth How, to move hands with footwork |

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|  |  | <ul style="list-style-type: none"> <li>➤ Main syllables:<br/>Ta Thei Thei Tat<br/>  Aa Thei Thei<br/>Tat (4-beat<br/>cycle).</li> <li>➤ Toda (तोड़ा)</li> <li>➤ Small<br/>composition<br/>combining<br/>footwork and<br/>hand<br/>movements.</li> <li>➤ Mostly pure<br/>dance (Nritha)<br/>pieces, often<br/>with fast spins.</li> <li>➤ Hastak (हस्तक)</li> <li>➤ Hand<br/>movements and<br/>gestures.</li> <li>➤ Used to beautify<br/>dance and<br/>convey<br/>expressions.</li> </ul> |  |
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|  |  | <ul style="list-style-type: none"> <li>➤ Tihaai (तिहाई)</li> <li>➤ A rhythmic phrase repeated three times to land perfectly on sam (first beat).</li> <li>➤ Example: Dha - Ge Na   Dha - Ge Na   Dha - Ge Na → Sam.</li> <li>➤ Padant of Toda and Tihaai</li> <li>➤ Padant = verbal recital of the composition before dancing it.</li> <li>➤ Speak the bols (syllables) with clarity and rhythm:</li> <li>➤ E.g., "Ta Thai Tat   Aa Thai Tat" for Toda.</li> </ul> |  |
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|   |  | <ul style="list-style-type: none"> <li>➤ E.g., "Dha Ge Na   Dha Ge Na   Dha Ge Na" for Tihai</li> </ul>   |  |
| <ul style="list-style-type: none"> <li>➤ June-July</li> </ul> | <ul style="list-style-type: none"> <li>➤ Aamad (slow beat) , chari nritya (rajasthani folk dance)</li> </ul> | <ul style="list-style-type: none"> <li>➤ Aamad (आमद)</li> <li>➤ Means "entry" or "arrival" in Kathak.</li> <li>➤ Performed in a slow tempo (Vilambit laya).</li> <li>➤ Includes graceful movements and basic bols like Ta Thei Thei Tat   Aa Thei Thei Tat.</li> <li>➤ Chari Nritya (चारी नृत्य)</li> </ul> | <ul style="list-style-type: none"> <li>➤ To Learn about how to use mudra in classical dance &amp;, How to move hands with footwork, flexibility, what is the meaning of aamad knowledge about folk dances</li> </ul> |

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|  |  | <ul style="list-style-type: none"> <li>➤ Traditional Rajasthani folk dance.</li> <li>➤ Performed balancing pots (matkis) on the head.</li> <li>➤ Dancers show balance, grace, and strength with slow, circular movements.</li> </ul>   |   |
| <ul style="list-style-type: none"> <li>➤ August-September</li> </ul> | <ul style="list-style-type: none"> <li>➤ Chakkardar toda (in 16 matra),</li> <li>➤ Garba (gujrati folk dance)</li> </ul> | <ul style="list-style-type: none"> <li>➤ Chakkardar Toda (चक्करदार तोड़ा in 16 Matra - Teentaal)</li> <li>➤ A Toda with multiple chakkars (spins).</li> <li>➤ It is repeated three times to end on <i>sam</i>.</li> <li>➤ Example: Spins and bols like <i>Tat</i></li> </ul> | <ul style="list-style-type: none"> <li>➤ They learn how different types of time pattern or laya which one usually comes through is evolving to the particular taal, they learn about different folk dances steps</li> </ul> |

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|  |  | <p><i>Ta Thei Thei Tat</i><br/><i>/ Aa Thei Thei</i><br/><i>Tat</i> in 16 beats<br/>(Teentaal).</p> <ul style="list-style-type: none"> <li>➤ Garba (गरबा - Gujarati Folk Dance)</li> <li>➤ Traditional folk dance of Gujarat.</li> <li>➤ Done in a circle, with rhythmic claps, hand movements, and twirls.</li> <li>➤ Performed during Navratri to honor Goddess Durga.</li> </ul> |  |
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| October-<br>November | <ul style="list-style-type: none"> <li>➤ Chari nritya practice</li> <li>➤ Annual day preparation</li> </ul> | <ul style="list-style-type: none"> <li>➤ Practice balancing a pot (or dummy pot) on the head.</li> <li>➤ Practice slow, graceful walking and circular movements.</li> <li>➤ Maintain body balance and hand gestures.</li> <li>➤ Activity: Annual Day Preparation</li> <li>➤ Practice full dance sequence with entry, main steps, and exit.</li> <li>➤ Focus on expressions, timing with music, and group coordination.</li> <li>➤ Final run-through in costume (if possible).</li> </ul> | <ul style="list-style-type: none"> <li>➤ To be able Physical activity ,expression ,social interaction cultural participation ,learn how to put performance in a culture, historical</li> </ul> |
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| December-<br>January | ➤ Kavita ,guru<br>vandana | <ul style="list-style-type: none"> <li>➤ Kavita (कविता)</li> <li>➤ Recite the Kavita (poetry based on rhythm).</li> <li>➤ Perform expressions (abhinaya) along with movements.</li> <li>➤ Focus on storytelling through gestures and emotions.</li> <li>➤ Guru Vandana (गुरु वंदना)Practice offering respect to Guru through dance.Perform graceful movements showing devotion and gratitude.Maintain soft expressions</li> </ul> | ➤ To be able perform on patriotism ,Expression ,body/mind coordination |
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|          |                           | and proper hand gestures (mudras).  |   |
| February | ➤ Gatbhaav (kaliya daman) | ➤ Gatbhaav (Kaliya Daman)Practice storytelling through expressions and movements (abhinaya).Show Krishna's entry, fight with Kaliya Naag, and victory dance.Use hand gestures (mudras) for snake (naag) and Krishna's actions.Maintain flow, grace, and clear bhaav | ➤ Coordination & know about folk dances, They know about Krishna leela , body/mind coordination |

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|  |  | (emotion)<br>throughout. |  |
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**SUBJECT PHYSICAL EDUCATION**

| MONTH | TOPIC                | ACTIVITES   | LEARNING OUTCOMES/SKILL DEVELOPMENT   |
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| April | Carrom board & Chess | <ul style="list-style-type: none"> <li>➤ Carrom Skills Challenge</li> <li>➤ Objective: Sharpen your precision and control.</li> <li>➤ Activity: Set up different types of challenges to test your skills, such as:</li> <li>➤ Distance Challenge: Try to pot the coins from different distances (e.g., from across the board or from a corner).</li> <li>Chess Puzzle Solving</li> <li>➤ Objective: Sharpen your problem-solving skills.</li> <li>➤ Activity: Solve chess puzzles that focus on tactics like checkmate in 1, 2, or 3 moves. Many chess apps or websites have daily puzzles to help you practice specific patterns (e.g., forks, pins, skewers). You can also create your own puzzles based on positions you've encountered in games.</li> <li>➤ Variation: Set up a specific</li> </ul> | <ul style="list-style-type: none"> <li>➤ Enhance hand-eye coordination, reflexes, and concentration.</li> <li>➤ Develop strategic thinking, quick decision-making, and problem-solving skills.</li> <li>➤ Improve agility, speed, and overall physical fitness.</li> <li>➤ Foster teamwork, sportsmanship, and healthy competition</li> </ul> |

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|           |                            | <p>position and challenge a friend or opponent to solve it within a time limit.</p> <ul style="list-style-type: none"> <li>➤ Speed Challenge: Set a timer and see how fast you can pot all the coins.</li> <li>➤ Trick Shots: Create tricky scenarios, like potting a coin through other coins or from odd angles and see who can pull it off.</li> </ul> |  |
| June-July | ➤ Table Tennis & Badminton | <ul style="list-style-type: none"> <li>➤ Ping Pong Rally Challenge</li> <li>➤ Objective: Work on consistency and control.</li> <li>➤ How to Play: Start a rally and see how long you can keep it going. You can add variations like only using backhand shots or only using forehand</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Basic Skills – Learn grip, stance, and basic strokes (forehand, backhand, serve).</li> <li>➤ Hand-Eye Coordination – Improve reaction time and accuracy.</li> <li>➤ Footwork &amp; Movement – Develop agility and balance.</li> <li>➤ Game Rules &amp; Scoring – Understand the rules, scoring system, and fair play</li> </ul> |

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|  |  | <p>shots to mix things up</p> <ul style="list-style-type: none"> <li>➤ Target Practice</li> <li>➤ Objective: Improve precision and placement.</li> <li>➤ How to Play: Set up targets on the opposite side of the table (like cups or cones). Aim to land the ball in specific zones, like the corners or the edges of the table. You can assign points for each successful shot.</li> <li>➤ Fast-Fingered Reflex Drill</li> <li>➤ Objective: Improve reflexes and reaction time.</li> <li>➤ How to Play: Stand at one side of the table and have your partner serve the ball at you. Focus on your speed and ability to react to fast balls. The goal is to return every</li> </ul> |  |
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|  |  | <p>shot no matter how quick the ball comes. Spin Control Game</p> <ul style="list-style-type: none"> <li>➤ Objective: Master topspin, backspin, and sidespin.</li> <li>➤ How to Play: One player focuses on using topspin shots, while the other uses backspin or sidespin. Try to control the ball's spin and placement to challenge each other's skills.</li> <li>➤ Serve and Return Practice</li> <li>➤ Objective: Develop your serving technique and return skills.</li> <li>➤ How to Play: Practice different types of serves (short, long, sidespin, etc.). Then, focus on returning the serves with precision, varying the return angles and spins.</li> <li>➤ Warm-Up Activities</li> </ul> |  |
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|  |  | <ul style="list-style-type: none"> <li>➤ Shuttle Run – Sprint back and forth between two points to build speed and agility.</li> <li>➤ Shadow Badminton – Practice movements and footwork without a shuttle.</li> <li>➤ Dynamic Stretching – Arm circles, lunges, and jumping jacks to prep your body.</li> <li>➤ Serve Practice – Work on short, long, and flick serves.</li> <li>➤ Net Play Drill – Quick exchanges at the net to improve reflexes.</li> <li>➤ Clear, Drop, Smash Drill – Practice different types of shots with a partner.</li> <li>➤ Footwork Ladder Drill – Use a speed ladder to improve movement precision.</li> </ul> |  |
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| August -<br>September | Volley ball | <p>Warm-Up Activities</p> <ul style="list-style-type: none"> <li>➤ Volleyball Tag – One person is "it" and tags others with a volleyball (no throwing!).</li> <li>➤ Dynamic Stretches – Arm swings, high knees, butt kicks, jumping jacks.</li> <li>➤ Passing Circle – Players form a circle and pass the ball around to get in rhythm.</li> <li>➤ Skill Drills</li> <li>➤ Bump &amp; Set Drill – Practice bumping (passing) and setting with a partner.</li> <li>➤ Serving Practice – Work on underhand, overhand, or jump serves.</li> <li>➤ Wall Hitting – Hit or set the ball against a wall repeatedly for solo practice.</li> <li>➤ 3-Touch Drill – Teams must</li> </ul> | <ul style="list-style-type: none"> <li>➤ Basic Rules &amp; Concepts – Understand the fundamental rules, scoring system, and player positions.</li> <li>➤ Serving Skills – Learn to perform an underhand and overhand serve.</li> <li>➤ Passing Techniques – Develop proper forearm (bump) and overhead (set) passing.</li> <li>➤ Basic Attacking &amp; Defending – Practice hitting (spiking) and simple blocking techniques</li> </ul> |
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|  |  | <p>always use 3 touches before sending the ball over.</p> <ul style="list-style-type: none"> <li>➤ Partner/Group Activities</li> <li>➤ Pepper Drill – Pass, set, and hit in a continuous rally with a partner.</li> <li>➤ King/Queen of the Court – Small-sided games where winners stay on.</li> <li>➤ Relay Races with Volleyballs – Dribble or run with the ball in creative ways.</li> <li>➤ Warm-Up &amp; Basics</li> <li>➤ Basic Bounce – Regular two-foot jumps to get started.</li> <li>➤ High Knees Jump – Lift your knees with each jump for extra cardio.</li> <li>➤ One-Foot Hops – Hop on one foot for 10–15 seconds, then switch.</li> <li>➤ Skill Challenges</li> <li>➤ Double Unders – Swing the rope twice under your feet in</li> </ul> |  |
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|  |  | <p>one jump.</p> <ul style="list-style-type: none"> <li>➤ Criss-Cross – Cross your arms while jumping, then uncross on the next.</li> <li>➤ Side Swing – Swing rope to the side once or twice before jumping again.</li> <li>➤ Backward Jumps – Swing the rope backward instead of forward.</li> <li>➤ Partner or Group Activities</li> <li>➤ Double Dutch – Two ropes, two turners, one jumper (or more)!</li> <li>➤ Follow the Leader – One person does a trick, others copy it.</li> <li>➤ Relay Races – Teams jump rope from point A to B, then pass the rope.</li> </ul> |  |
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| <p>October-<br/>November</p> | <p>➤ Kabaddi &amp; kho - kho</p> | <ul style="list-style-type: none"> <li>➤ Warm-Up Activities</li> <li>➤ Agility Drills – Ladder runs, cone zig-zags, or short sprints to improve movement.</li> <li>➤ Tag Games – Freeze tag or shoulder tag to boost reflexes.</li> <li>➤ Raider Shuffle – Practice raider footwork in a straight line with a “kabaddi” chant.</li> <li>➤ Skill-Based Activities</li> <li>➤ Raiding Practice – Solo raiders try to tag defenders and return safely.</li> <li>➤ Holding Drill – Defenders work on holding techniques using resistance bands or partners.</li> <li>➤ Escape Drill – Raiders practice escaping multiple defenders by dodging or spinning.</li> </ul> | <ul style="list-style-type: none"> <li>➤ Basic Rules &amp; Gameplay – Understand the fundamental rules, scoring system, and court layout.</li> <li>➤ Teamwork &amp; Cooperation – Learn to work as a team and strategize together.</li> <li>➤ Physical Fitness – Improve strength, stamina, agility, and reflexes.</li> <li>➤ Coordination &amp; Balance – Develop better body control and quick movements.</li> </ul> |
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|  |  | <ul style="list-style-type: none"> <li>➤ Chant Control – Practice raiding while chanting “kabaddi” without losing breath.</li> <li>➤ Game Sense &amp; Strategy</li> <li>➤ Mini Kabaddi Matches – 3v3 or 5v5 to work on real-game decision making.</li> <li>➤ Zone Play – Assign players to zones and work on defending that specific area.</li> <li>➤ Time Raid Challenge – Raiders have a set time to tag and return—focus on timing and awareness.</li> <li>➤ Mirror Drill – One player moves, and another mirrors their movement—great for both raiders and defenders.</li> </ul> <p>Warm-Up Activities</p> <ul style="list-style-type: none"> <li>➤ Chasing Tag – Classic tag to get everyone moving.</li> <li>➤ Zig-Zag Runs – Run between cones like in a real Kho Kho chase.</li> </ul> |  |
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|  |  | <ul style="list-style-type: none"> <li>➤ Mirror Movement – One player moves, the other mirrors—great for reaction training</li> <li>➤ Skill-Based Drills</li> <li>➤ Kho Kho Turns – Practice quick direction changes around poles (or cones if indoors).</li> <li>➤ Sit &amp; Chase Drill – Players sit in formation and take turns chasing with quick “Kho” calls.</li> <li>➤ Touch &amp; Run – Chaser tries to tag players within a limited zone—builds accuracy and agility.</li> <li>➤ Sudden Kho – Randomly call out players who must give Kho and sprint instantly.</li> <li>➤ Strategy &amp; Game Sense</li> <li>➤ Chain Chase – Practice giving</li> </ul> |  |
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|                  |           | <p>perfect Kho while keeping the chase chain tight.</p> <ul style="list-style-type: none"> <li>➤ Dodge Practice – Runners work on dodging, fake-outs, and rapid changes in speed.</li> <li>➤ Time Attack – Chasers have 30 seconds to tag as many as they can—helps with pressure handling.</li> <li>➤ Fake Kho Drill – Practice feinting Kho or giving misleading body signals (for higher-level play).</li> </ul> |   |
| December-January | ➤ Cricket | <ul style="list-style-type: none"> <li>➤ Warm-Up Activities</li> <li>➤ Catch &amp; Throw Relay – Quick throw-catch-pass in lines to warm up hands and arms.</li> <li>➤ Cricket Stretches – Arm</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Basic Rules &amp; Regulations – Understand fundamental rules like batting, bowling, and fielding.</li> <li>➤ Teamwork &amp; Cooperation – Develop teamwork skills by coordinating with teammates.</li> <li>➤ Batting &amp; Bowling Techniques –</li> </ul> |

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|  |  | <p>swings, trunk twists, leg swings, and jogging to get match-ready.</p> <ul style="list-style-type: none"> <li>➤ Reaction Ball Bounce – Use a bouncy reaction ball or tennis ball to sharpen reflexes.</li> <li>➤ Skill-Based Drills</li> <li>➤ Batting Drills: <ul style="list-style-type: none"> <li>➤ Straight Drive Practice – Hit along the ground with proper footwork.</li> <li>➤ Target Batting – Set cones or zones to aim for while practicing placement.</li> <li>➤ Drop Ball Drill – Coach drops a tennis ball from height; player times and hits cleanly.</li> </ul> </li> <li>➤ Bowling Drills: <ul style="list-style-type: none"> <li>➤ Line &amp; Length Target – Aim to land the ball inside a marked square or cone zone.</li> <li>➤ Run-Up Practice – Focus on</li> </ul> </li> </ul> | <p>Learn basic batting stances, shots, and bowling actions.</p> <ul style="list-style-type: none"> <li>➤ Fielding Skills – Improve catching, throwing, and positioning on the field.</li> <li>➤ Physical Fitness – Enhance agility, coordination, and endurance.</li> </ul> |
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|  |  | <p>smooth, balanced approach before bowling.</p> <ul style="list-style-type: none"> <li>➤ Spin/Seam Technique – Isolated drills for wrist spin, finger spin, or seam bowling.</li> <li>➤ Fielding Drills:</li> <li>➤ High Catch Challenge – Take catches from high throws or sky balls.</li> <li>➤ Ground Fielding Race – Players race to collect, throw, and return the ball accurately.</li> <li>➤ One-Hand Pick-Up – Practice scooping and throwing in one swift move.</li> <li>➤ Warm-Up Activities</li> <li>➤ Arm &amp; Grip Warm-Up – Wrist circles, shoulder rolls, and grip squeezes (use tennis</li> </ul> |  |
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|  |  | <p>balls or towels).</p> <ul style="list-style-type: none"> <li>➤ Leg Power Drills – Squats, lunges, and calf raises to prep those tugging muscles.</li> <li>➤ Tug Tag – Mini tugs in pairs to warm up with playful competition.</li> <li>➤ Skill &amp; Strength Builders</li> <li>➤ Mini Tug – Short rope, one-on-one battles to build technique and grip strength.</li> <li>➤ Resistance Pulls – Tie rope to a fixed object and practice leaning and pulling with proper form.</li> <li>➤ Tug &amp; Hold Challenge – Teams pull and hold the tension for 10–20 seconds—no winners, just stamina building.</li> </ul> <p>Team Activities</p> |  |
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|  |  | <ul style="list-style-type: none"> <li>➤ Team Rotation Tugs – Mix up teams every round to keep it fresh and fair.</li> <li>➤ Tug Relay – Teams complete a task (like a short run or puzzle), then take turns tugging.</li> <li>➤ Tug Strategy Game – Let teams plan their position orders (strongest in the back? lightest up front?) and try different formations.</li> </ul> |  |
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## SUBJECT- SCIENCE

| MONTH | TOPIC  | Sub Topics   | Activity  | LEARNING OUTCOMES/SKILL DEVELOPMENT   |
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| April | ➤ Chapter 1:<br>Nutrition in Plants  | <ul style="list-style-type: none"> <li>➤ Modes of Nutrition</li> <li>➤ Photosynthesis</li> <li>➤ Other Modes of Nutrition</li> <li>➤ Nitrogen Fixation</li> </ul>  | ➤ Test for Starch   | ➤ Understand modes of nutrition in plants, photosynthesis, and importance of nutrients; Develop inquiry-based learning. |
| June  | <ul style="list-style-type: none"> <li>➤ Chapter 2:<br/>Nutrition in Animals</li> <li>➤ Chapter 3: Heat</li> </ul> | <ul style="list-style-type: none"> <li>➤ Modes of Nutrition</li> <li>➤ Digestive System in Humans</li> <li>➤ Digestion in Grass-eating Animals</li> <li>➤ Food Absorption</li> <li>➤ Balanced Diet</li> <li>➤ Hot and Cold Measuring Temperature</li> <li>➤ Laboratory Thermometer</li> <li>➤ Transfer of Heat</li> <li>➤ Kinds of Clothes We Wear in</li> </ul> | <ul style="list-style-type: none"> <li>➤ Model of Human Digestive System</li> <li>➤ Use a labelled chart or string + balloons to demonstrate how food travels through the mouth, stomach, intestines</li> </ul> | ➤ Learn about digestion in humans and animals, alimentary canal functions; Develop an understanding of body processes.  |

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|      |                                      | Summer and Winter   | <ul style="list-style-type: none"> <li>➤ Compare Conductors</li> <li>➤ Dip one spoon of metal and one of plastic in hot water. Touch both ends after 1 min. Metal gets hotter – better conductor</li> </ul> | <ul style="list-style-type: none"> <li>➤ Learn about temperature, heat transfer, and measurement using a thermometer; Develop experimental and practical skills.</li> <li>➤ Understand properties of acids, bases, and their reactions; Develop laboratory skills through pH testing.</li> </ul> |
| July | ➤ Chapter 4: Acids, Bases, and Salts | <ul style="list-style-type: none"> <li>➤ Acids and Bases</li> <li>➤ Natural Indicators Around Us</li> <li>➤ Neutralisation Neutralisation in Everyday Life</li> </ul> | <ul style="list-style-type: none"> <li>➤ Litmus Test</li> <li>➤ Use litmus papers to test lemon juice, soap, curd, baking soda, etc. Record</li> </ul>  |  |

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|           |   |  | color changes   |  |
| August    | <ul style="list-style-type: none"> <li>➤ Chapter 5: Physical and Chemical Changes</li> <li>➤ Physical vs Chemical Changes</li> <li>➤ Crystallisation</li> </ul> |  | <ul style="list-style-type: none"> <li>➤ Mix both and observe fizzing (<math>\text{CO}_2</math> gas released) = chemical change. Melting ice is physical change. Vinegar + Baking Soda</li> </ul> | <ul style="list-style-type: none"> <li>➤ Learn the difference between physical and chemical changes, rusting, and crystallization; Develop observation skills.</li> </ul>        |
| September | <ul style="list-style-type: none"> <li>➤ Chapter 6: Respiration in Organisms</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Respiration in Plants</li> <li>➤ Respiration in Animals</li> <li>➤ Aerobic and Anaerobic Respiration</li> </ul> | <ul style="list-style-type: none"> <li>➤ <math>\text{CO}_2</math> from Germinating Seeds</li> <li>Place germinating seeds in a closed</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Learn about aerobic and anaerobic respiration, breathing in different organisms; Develop an understanding of life processes.</li> </ul> |

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|         |  | ➤ Breathing and Respiration  | jar with lime water in a test tube. Lime water turns milky = $\text{CO}_2$ .   |  |
| October | ➤ Chapter 7: Transportation in Animals and Plants<br><br>➤ Chapter 8: Reproduction in Plants | ➤ Circulatory System<br>➤ Excretion in Animals<br>➤ Transport of Substances in Plants<br>➤ Reproduction<br>➤ Asexual Reproduction<br>➤ Sexual Reproduction<br>➤ Pollination<br>➤ Fertilisation<br>➤ Embryo | ➤ Transpiration Test<br><br>Cover a leafy twig with a plastic bag. Observe water droplets inside = transpiration<br><br>➤ Seed Germination<br>➤ Wrap moong or chana in moist cotton and observe growth for | ➤ Understand circulatory system, blood components, transportation in plants; Develop an understanding of vital functions.<br><br>➤<br><br>➤ Learn about asexual and sexual reproduction in plants, pollination, and seed dispersal; Develop botanical knowledge. |

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|          |   |   | 3–5 days.<br>Root and shoot appear.  |   |
| November | <ul style="list-style-type: none"> <li>➤ Chapter 9: Motion and Time</li> <li>➤ Chapter 10 : Electric Current and Its Effects</li> </ul> | <ul style="list-style-type: none"> <li>➤ Slow or Fast</li> <li>➤ Speed</li> <li>➤ Measurement of Time</li> <li>➤ Measuring Speed</li> <li>➤ Distance-Time Graph</li> <li>➤ Electric Current</li> <li>➤ Effects of Electric Current</li> </ul> | <ul style="list-style-type: none"> <li>➤ Speed Measurement</li> </ul> <p>Mark 5m distance, let a student walk, time with stopwatch, calculate speed using <math>\text{speed} = \frac{\text{distance}}{\text{time}}</math>.</p> | <ul style="list-style-type: none"> <li>➤ Understand speed, types of motion, distance-time graphs; Develop problem-solving skills.</li> <li>➤ Learn about electric circuits, heating and magnetic effects of current; Develop experimental and analytical skills.</li> </ul> |

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|          |  | <ul style="list-style-type: none"> <li>➤ Magnetic Effects of Electric Current</li> <li>➤ Electric Fuse</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Make an Electromagnet</li> </ul> <p>Wrap copper wire around a nail, connect to battery. Test with pins – they stick to the nail = magnet formed.</p> |  |
| December | <ul style="list-style-type: none"> <li>➤ Chapter 11 Light</li> </ul> | <ul style="list-style-type: none"> <li>➤ Reflection of Light</li> <li>➤ Refraction of Light</li> <li>➤ Dispersion of Light</li> <li>➤</li> <li>➤ Human Eye and Colourful World</li> </ul> | <ul style="list-style-type: none"> <li>➤ Mirror Reflection</li> <li>➤ Shine a torch at a mirror.</li> </ul> <p>Use a protractor to show angle of incidence = angle of reflection</p>          | <ul style="list-style-type: none"> <li>➤ Understand reflection, refraction, and formation of images in mirrors and lenses; Develop observational and experimental skills.</li> </ul> |



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| January  | ➤ Chapter 12: Forests - Our Lifeline | <ul style="list-style-type: none"> <li>➤ Importance of Forests</li> <li>➤ Forest Ecosystem</li> <li>➤ Conservation of Forests</li> <li>➤ Wildlife Protection</li> </ul> | <ul style="list-style-type: none"> <li>➤ Model of Forest Layers</li> <li>➤ Use cutouts or drawings to show canopy, understory, forest floor. Discuss animals in each layer.</li> </ul> | ➤ Understand the importance of forests, ecosystem balance, deforestation, and conservation; Develop awareness of biodiversity.   |
| February | ➤ Chapter 13: Waste water Story      | <ul style="list-style-type: none"> <li>➤ Water Contamination</li> <li>➤ Wastewater Treatment</li> <li>➤ Recycling of Water</li> </ul>                                   | <ul style="list-style-type: none"> <li>➤ Sedimentation and Filtration</li> <li>Mix soil in water, let it settle. Pour the clear</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Learn about water pollution, sewage treatment, and sanitation methods; Develop awareness of water conservation and cleanliness.</li> <li>➤ Learn about sources, conservation, and management of water resources; Develop environmental responsibility.</li> </ul> |

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|  |  | ➤ Sanitation and Hygiene | water through a cloth to filter. Observe each stage. |  |
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**SUBJECT-SOCIAL SCIENCE**

| ➤ MONTH     | ➤ TOPIC   | ➤ Sub Topic   | ➤ LEARNING OUTCOMES/SKILL DEVELOPMENT  |
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| ➤ April     | <p>History</p> <p>➤ Chapter 1 Tracing Changes Through a Thousand Years</p> <p>Geography</p> <p>➤ Chapter 1 Environment</p> <p>➤ Unit I: Equality in Indian Democracy</p> <p>Civics</p> <p>➤ Chapter 1 On Equality</p> | <p>➤ Activity based, not to be assessed in Pen Paper test</p> <p>➤ Components of the Natural environment.</p> <p>➤ What is Ecosystem? Human environment</p> <p>➤ Equality in Indian Democracy Issues of Equality in Other Democracies. Challenge of Democracy</p> | <p>➤ ➤ To be aware of the new terms, empires, religions and social groups in India</p> <p>➤ To show their artistic skills</p> <p>➤ ➤ To understand the interdependence of biotic and abiotic component</p> <p>➤ ➤ To develop analytical mind to find out ways of conservation of the ecosystem</p> <p>➤ To identify practices of inequality in India</p> <p>➤ ➤ To understand the significance of Right to Equality</p> <p>➤ ➤ To develop critical thinking on the provisions of the Constitution to bring equality in our country</p> |
| ➤ June-July | <p>➤ History</p> <p>➤ ➤ Chapter 2 New Kings and Kingdoms</p> <p>➤ Geography</p>   | <p>➤ The emergence of new dynasties Administration in the Kingdom</p>   | <p>➤ To locate and identify the regions ruled by these dynasties in India</p> <p>➤ To develop map skills</p>   |

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|  | <ul style="list-style-type: none"> <li>➤ Chapter 2 Inside our Earth</li> <li>➤ Chapter 2 Role of Government in health</li> <li>➤ Chapter 3 The Delhi Sultans</li> <li>➤ Chapter 3 Our Changing Earth</li> </ul> <p>Civics</p> <ul style="list-style-type: none"> <li>➤ Chapter 3 How the State Government works</li> </ul> | <ul style="list-style-type: none"> <li>➤ Prashastis and land Grants</li> <li>➤ The Cholas: Temples, bronze sculpture and Administration of the Empire</li> <li>➤ Interior of the Earth.</li> <li>➤ Rocks and minerals</li> <li>➤ What is Health?</li> <li>➤ HealthCare in India</li> <li>➤ Public and Private Healthcare Services</li> <li>➤ Healthcare and Equality: Is adequate Healthcare available to all</li> <li>➤ What can be done?</li> <li>➤ Kerala Experience</li> <li>➤ Costa Rican Approach</li> <li>➤ Finding out about the Delhi Sultans from Garrison Town to Empire: The Expansion of the Delhi Sultanate</li> </ul> | <ul style="list-style-type: none"> <li>➤ To understand the climate and terrain of these regions</li> <li>➤ ➤ To have critical thinking on the continuous occurrence of Tripartite Struggle</li> <li>➤ To develop a keen sense of observation</li> <li>➤ To improve communication skills and gain confidence</li> <li>➤ To have hands on experience to differentiate between sedimentary, igneous and metamorphic rocks</li> <li>➤ To be aware of the public facilities, like health facilities to improve the human resource of a nation</li> <li>➤ To have an analysis of the two rulers – Alauddin Khalji and Muhammad Tughluq – how Alauddin Khalji is considered as a better administrator than Muhammad Tughluq</li> <li>➤ To showcase their artistic skills</li> <li>➤ To identify and know about various land forms formed by the external agents on the earth</li> <li>➤ Understand the structure of the Earth, including the crust, mantle, and core.</li> </ul> |
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|  |  | <ul style="list-style-type: none"> <li>➤ A Closer Look: Administration and consolidation under the Khaljis and Tughlaqs</li> <li>➤ The Sultanate in the Fifteenth and Sixteenth Centuries</li> <li>➤ Earthquakes and Volcanoes</li> <li>➤ Major Landforms</li> <li>➤ Page 12</li> <li>➤ Work of a River Work of sea Waves</li> <li>➤ Work of Ice</li> <li>➤ Work of wind</li> <li>➤ Who is an MLA?</li> <li>➤ A Debate in the Legislative Assembly</li> <li>➤ Working of the Government</li> </ul> | <ul style="list-style-type: none"> <li>➤ Explain the concept of lithospheric plates and how their movement causes changes on Earth's surface. Identify the causes and effects of natural phenomena such as: Earthquakes, Volcanoes, Landslides</li> <li>➤ understand the role and structure of the State Government, including the Legislative Assembly and its members (MLAs).</li> <li>➤ Explain how MLAs are elected and how they represent people in the state.</li> <li>➤ Understand the formation of the government in a state, including the ruling party and opposition</li> <li>➤ Describe the functioning of the Legislative Assembly, including debates, questions, and decision-making</li> <li>➤ Learn how laws and policies are made at the state level and how these affect people's lives.</li> <li>➤ To understand the need of MLA in the State Government</li> </ul> |
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| <p>➤ August-September</p> | <p>History</p> <ul style="list-style-type: none"> <li>➤ Chapter 4 The Mughal Empire</li> </ul> <p>Geography</p> <ul style="list-style-type: none"> <li>➤ Chapter 4 Air</li> </ul> <p>Civics</p> <ul style="list-style-type: none"> <li>➤ Chapter 4 Growing up as Boys and Girls</li> <li>➤ Chapter 5 Women Change the world</li> </ul> <p>Geography</p> <ul style="list-style-type: none"> <li>➤ Chapter 5 Water</li> </ul> <p>History</p> <ul style="list-style-type: none"> <li>➤ Chapter 5 Tribes, Nomads and Settled Communities</li> </ul> | <ul style="list-style-type: none"> <li>➤ Know about the Mughal Emperor</li> <li>➤ Composition of the Atmosphere Structure of the Atmosphere Weather and Climate Moisture</li> <li>➤ Concept of Gender Values of boys and girls Necessity for equality between man and woman</li> <li>➤ Fewer opportunities and rigid expectations. Learning For change. Schooling and education today. Women's movement.</li> <li>➤ Distribution of water bodies. Ocean circulation: Tides. Waves. Ocean current</li> <li>➤ Tribal Societies.(i) Who are tribal people? (ii) How nomads and mobile people live? • New castes and hierarchies</li> </ul> | <ul style="list-style-type: none"> <li>➤ Identify the major Mughal emperors and understand the timeline of their rule (Babur to Aurangzeb).</li> <li>➤ Understand the foundation and expansion of the Mughal Empire in India.</li> <li>➤ Explain the concept of a centralized administration introduced by the Mughals.</li> <li>➤ Describe the Mansabdari system and how it helped the Mughals control their empire.</li> <li>➤ Recognize the role of military, alliances, and diplomacy in the expansion of Mughal rule.</li> <li>➤ Understand the relationship between the Mughals and the Rajputs, and other regional rulers.</li> <li>➤ Understand the composition of the atmosphere, including major and minor gases. Identify and describe the different layers of the atmosphere – Troposphere, Stratosphere, Mesosphere, Thermosphere, and Exosphere. Explain the importance of the atmosphere in supporting life on Earth</li> </ul> |
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|  |  |  | <ul style="list-style-type: none"> <li>➤ To identify the different types of inequalities going on between men and women in our families and in the society, they will improve their public speaking skill</li> <li>➤ To improve their communication skills</li> <li>➤ To know about the struggle of women in India to get their rights and identity</li> <li>➤ To understand the significance of equality in the society, between men and women</li> <li>➤ To know the location of various oceans</li> <li>➤ To know the direction of warm currents and cold currents</li> <li>➤ To understand the reason of warm and cold currents</li> <li>➤ To understand each natural vegetation in a better manner</li> <li>➤ Developing map skills</li> <li>➤ To know about the respective tribes of India and their activities</li> <li>➤ ➤ To understand the significance of tribes in our country</li> <li>➤ ➤ To improve their communicative skills</li> </ul> |
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| <p>➤ October- November</p> | <p>➤ Unit IV Media and Advertising</p> <p>➤ Chapter 6 Understanding Media</p> <p>➤ Geography</p> <p>➤ Chapter 6 Human Environment</p> <p>Interactions the Tropical and The SubTropical Region</p> <p>History</p> <p>➤ Chapter 5 Tribes, Nomads and Settled Communities</p> <p>Civics</p> <p>➤ Unit V:</p> <p>➤ Chapter 7 Markets Around Us</p> <p>➤ Chapter 8 A shirt in the Market</p> | <p>➤ Understanding Media. Media and Technology. Media and Money. Media and democracy. Setting agendas</p> <p>➤ Life in the amazon basin</p> <p>Climate</p> <p>Rainforests</p> <p>People of the</p> <p>➤ Page 15 Subtropical Region rainforests. Life in the ganga Brahmaputra basin</p> <p>➤ Tribal Societies.</p> <p>➤ (i) Who are tribal people?</p> <p>➤ (ii) How do nomads and mobile people live?</p> <p>➤ New castes and hierarchi</p> <p>➤ Market:</p> <p>➤ Weekly Market</p> <p>➤ Shops in the Neighbourhood</p> <p>➤ Chain of Markets. Markets everywhere. Markets and Equality.</p> | <p>➤ end of this chapter, students will be able to:</p> <p>➤ Define media and explain the different types (print, electronic, digital, etc.).</p> <p>➤ Understand the role of the media in a democracy, including how it informs the public and holds the government accountable.</p> <p>➤ Identify the various forms of media influence – how it shapes public opinion and affects people’s views and choices.</p> <p>➤ Explain the concept of media ownership and its impact on media content.</p> <p>➤ To elate the climate and vegetation of the basin along with the location in the Torrid Zone</p> <p>➤ To understand the need of conservation of resources</p> <p>➤ To increase their digital skills and communication skills</p> <p>➤ To develop map skills</p> <p>➤ To know about the respective tribes of India and their activities</p> <p>➤ To understand the significance of tribes in our country</p> <p>➤ To improve their communicative skill</p> <p>➤ To know about the chain of markets</p> |
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|                  |   | <ul style="list-style-type: none"> <li>➤ A cotton farmer in Kurnool. The cloth market of Erode: The shirt in the United States. Who are the gainers in the market? Market and equality</li> </ul>   | <ul style="list-style-type: none"> <li>➤ To understand the long process of manufacturing a final product</li> <li>➤ To able to differentiate between different types of market</li> <li>➤ To understand the importance of market around us</li> <li>➤ To appraise the importance of middleman in the market</li> <li>➤ To understands what will happen if the market is closed for one day</li> <li>➤ To able to differentiate between different types of market</li> <li>➤ To understand the importance of market around us</li> <li>➤ To appraise the importance of middleman in the market</li> <li>➤ To understands what will happen if the market is closed for one day</li> </ul> |
| December-January | <p>History</p> <ul style="list-style-type: none"> <li>➤ Chapter 6 Devotional Parts to the Divine</li> </ul> <p>Geography</p> <ul style="list-style-type: none"> <li>➤ Chapter 7 Life in The Deserts</li> </ul> <p>History</p> <ul style="list-style-type: none"> <li>➤ Chapter 7 The Making of Regional Cultures</li> </ul> | <ul style="list-style-type: none"> <li>➤ A new kind of Bhakti in South India Nayanars &amp; Alvars . Islam and Sufism . New religious developments in North India:</li> <li>➤ Kabir</li> <li>➤ Guru Nanak .</li> <li>➤ The hot desert– Sahara</li> <li>➤ Climate</li> </ul> | <ul style="list-style-type: none"> <li>➤ To recall the factors leading to the development of new and varied religious and spiritual ideas and movements</li> <li>➤ To define the idea and philosophy of Bhakti</li> <li>➤ To elaborate on the idea of Sufism - trace the new religious developments in North India</li> </ul>   |

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|            |  | <ul style="list-style-type: none"> <li>➤ Flora and fauna • People. The cold desert :Ladakh</li> <li>➤ Flora and fauna • Climate</li> <li>➤ People</li> <li>➤ Chapter 7: The Making of Regional Cultures: Activity based; not to be assessed in Pen Paper Test</li> </ul>                        | <ul style="list-style-type: none"> <li>➤ To define a ‘desert’ -state the two kinds of deserts - Hot and Cold - with a detailed study of Sahara Desert (Africa) and Ladakh (India) - distinguish between the two deserts on the basis of - climate, flora and fauna and people’s lifestyles</li> <li>➤ To understand historical developments in different periods of Indian history</li> </ul> |
| ➤ February | <p>History</p> <ul style="list-style-type: none"> <li>➤ Chapter 8 Eighteenth - Century — Political Formations</li> </ul> | <ul style="list-style-type: none"> <li>➤ The crisis of the empire and the later Mughals: Emergence of new states</li> <li>➤ The old Mughal provinces. The Watan Jagirs of the Rajput .The Page 14 ceasing Independence</li> <li>➤ The Sikhs</li> <li>The Marathas</li> <li>The Jaats</li> </ul> | <ul style="list-style-type: none"> <li>➤ To connect the events with their locations after the decline of the Mughals</li> <li>➤ To understand the changes in India with the coming of Marathas and Sikhs</li> </ul>   |